



PFAC Annual Report Form

Health Care For All (HCFA) promotes health justice in Massachusetts by working to reduce disparities and ensure coverage and access for all. HCFA uses direct service, policy development, coalition building, community organizing, public education and outreach to achieve its mission. HCFA's vision is that everyone in Massachusetts has the equitable, affordable, and comprehensive care they need to be healthy.

Why complete an annual report for my PFAC?

Under Massachusetts law, hospital-wide PFACs are required to write annual reports by October 1st each year. These reports must be made available to members of the public upon request. As in past years, HCFA is requesting a copy of each report and submitted reports will be posted on HCFA's website, <u>www.hcfama.org</u>. HCFA recommends using this template to assist with information collection, as well as the reporting of key activities and milestones.

What will happen with my report and how will HCFA use it?

We recognize the importance of sharing of information across PFACs. Each year, we

- make individual reports available online
- share the data so that PFACs can learn about what other groups are doing

Who can I contact with questions?

Please contact us at PFAC@hcfama.org or call us at 617-275-2982.

If you wish to use this Word document or any other form, please email it to <u>PFAC@hcfama.org.</u>

Reports should be completed by October 1, 2018.

2018 Patient and Family Advisory Council Annual Report Form

| The survey questions concern PFAC activities in fiscal | year 2018 only: (July 1, 2017 – June 30, 2018). |
|--|---|
| | |

Section 1: General Information

| 1. Hospital Name: New England Sinai Hospital |
|---|
| NOTE: Massachusetts law requires every hospital to make a report about its PFAC publicly available. HCFA strongly encourages you to fill out a separate template for the hospital-wide PFAC at each individual hospital |
| 2a. Which best describes your PFAC? |
| ☐ We are the only PFAC at a single hospital – skip to #3 below |
| ☐ We are a PFAC for a system with several hospitals – skip to #2C below |
| \Box We are one of multiple PFACs at a single hospital |
| We are one of several PFACs for a system with several hospitals – skip to #2C below |
| \Box Other (Please describe): |
| 2b. Will another PFAC at your hospital also submit a report? |
| □ Yes |
| □ No |
| Don't know |
| 2c. Will another hospital within your system also submit a report? |
| X Yes |
| □ No |
| Don't know |
| 3. Staff PFAC Co-Chair Contact: |
| 2a. Name and Title: Susan Dowling, Patient Advocate |
| 2b. Email: Susan.Dowling@Steward.org |
| 2c. Phone: 781-297-1153 |
| ☐ Not applicable |
| 4. Patient/Family PFAC Co-Chair Contact: |
| 3a. Name and Title: Katherine McCarthy |
| 3b. Email: KathyMcCarthy4749@gmail.com 3c. Phone: 781-297-1153 |
| \Box Not applicable |
| |
| 5. Is the Staff PFAC Co-Chair also the Staff PFAC Liaison/Coordinator? |
| Yes – skip to #7 (Section 1) below |
| \Box No – describe below in #6 |
| 6. Staff PFAC Liaison/Coordinator Contact: |
| 6a. Name and Title: |
| 6b. Email: |
| |

6c. Phone:

□ Not applicable

Section 2: PFAC Organization

7. This year, the PFAC recruited new members through the following approaches (check all that apply):

- └ Case managers/care coordinators
- Community based organizations
- Community events
- □ Facebook, Twitter, and other social media
- □ Hospital banners and posters
- □ Hospital publications
- Houses of worship/religious organizations
- □ Patient satisfaction surveys
- Promotional efforts within institution to patients or families
- Promotional efforts within institution to providers or staff
- Recruitment brochures
- \boxtimes Word of mouth/through existing members

Other (Please describe): An application to join PFAC is included in every patient's admission binder

 \square N/A – we did not recruit new members in FY 2018

- 8. Total number of staff members on the PFAC: 3
- 9. Total number of patient or family member advisors on the PFAC: 6
- 10. The name of the hospital department supporting the PFAC is: Quality Management
- 11. The hospital position of the PFAC Staff Liaison/Coordinator is: Patient Advocate

12. The hospital provides the following for PFAC members to encourage their participation in meetings (check all that apply):

- Annual gifts of appreciation
- Assistive services for those with disabilities
- Conference call phone numbers or "virtual meeting" options
- Meetings outside 9am-5pm office hours
- Parking, mileage, or meals
- Payment for attendance at annual PFAC conference
- Payment for attendance at other conferences or trainings
- Provision/reimbursement for child care or elder care
- □ Stipends
- \boxtimes Translator or interpreter services

Section 3: Community Representation

The PFAC regulations require that patient and family members in your PFAC be "representative of the community served by the hospital." If you are not sure how to answer the following questions, contact your community relations office or check "don't know."

13. Our hospital's catchment area is geographically defined as: Referral basis is Eastern Massachusetts Region Don't know

14. Tell us about racial and ethnic groups in these areas (please provide percentages; <u>if you are unsure of the</u> <u>percentages check "don't know"</u>):

| | | | | RACE | | | ETHNICITY | |
|--|--|------------|--|--|------------|------------|---|---------------|
| | % American Indian or Alaska Native | % Asian | % Black or African America n | % Native Hawaiian or other Pacific Islander | % White | % Other | % Hispanic, Latino, or Spanish origin | |
| 14a. Our defined catchment area | | | | | | | | Don't know |
| 14b. Patients the hospital provided care to in FY 2018 | .08 | 1.89 | 10 | | 84.56 | .68 | 1.89 | Don't know |
| 14c. The PFAC patient and family advisors in FY 2018 | | | 16.66% | | 83.33 % | | | Don't know |

15. Tell us about languages spoken in these areas (please provide percentages; <u>if you are unsure of the</u> <u>percentages select "don't know"</u>):

| P | Limited English Proficiency (LEP) % | |
|--|---|------------|
| 15a. Patients the hospital provided care to in FY 2018 | 6.84 | Don't know |
| 15b. PFAC patient and family advisors in FY 2018 | 0 | Don't know |

15c. What percentage of patients that the hospital provided care to in FY 2018 spoke the following as their primary language?

| | % |
|---------------------|------|
| Spanish | 1.98 |
| Portuguese | .68 |
| Chinese | .17 |
| Haitian Creole | .86 |
| Vietnamese | .43 |
| Russian | .25 |
| French | |
| Mon-Khmer/Cambodian | |
| Italian | |
| Arabic | |
| Albanian | |
| Cape Verdean | |

Don't know

15d. In FY 2018, what percentage of PFAC patient and family advisors spoke the following as their primary language?

| | % |
|---------|---|
| Spanish | |
| | |

| P Portuguese | 16.66% |
|---------------------|--------|
| Chinese | |
| Haitian Creole | |
| Vietnamese | |
| Russian | |
| French | |
| Mon-Khmer/Cambodian | |
| Italian | |
| Arabic | |
| Albanian | |
| Cape Verdean | |

Don't know

16. The PFAC is undertaking the following activities to ensure appropriate representation of our membership in comparison to our patient population or catchment area:

An application to join PFAC is included in every patient's admission binder.

Section 4: PFAC Operations

17. Our process for developing and distributing agendas for the PFAC meetings (choose):

□ Staff develops the agenda and sends it out prior to the meeting

□ Staff develops the agenda and distributes it at the meeting

- PFAC members develop the agenda and send it out prior to the meeting
- PFAC members develop the agenda and distribute it at the meeting
- PFAC members and staff develop agenda together and send it out prior to the meeting. (Please describe below in **#17a**)
- PFAC members and staff develop agenda together and distribute it at the meeting. (Please describe below in #**17a**)
- Other process (Please describe below in **#17b**)
- \Box N/A the PFAC does not use agendas

17a. If staff and PFAC members develop the agenda together, please describe the process: Ideas and suggestions from Council members during PFAC meetings are appropriately added to upcoming meeting agendas for discussion. Meeting agendas are sent out via email prior to meetings and then also disbursed at meetings.

17b. If other process, please describe:

18. The PFAC goals and objectives for 2018 were: (check the best choice):

- Developed by staff alone
- Developed by staff and reviewed by PFAC members
- Developed by PFAC members and staff
- □ N/A we did not have goals for FY 2018 **Skip to #20**

19. The PFAC had the following goals and objectives for 2018:

- 1. Recruitment
- 2. Assist in maintaining and improving Patient Experience and Press Ganey Scores
- 3. Assist hospital departments with Quality Initiatives

20. Please list any subcommittees that your PFAC has established:

21. How does the PFAC interact with the hospital Board of Directors (check all that apply):

PFAC submits annual report to Board

PFAC submits meeting minutes to Board

Action items or concerns are part of an ongoing "Feedback Loop" to the Board

 \square PFAC member(s) attend(s) Board meetings

Board member(s) attend(s) PFAC meetings

- PFAC member(s) are on board-level committee(s)
- Other (Please describe):
- \square N/A the PFAC does not interact with the Hospital Board of Directors

22. Describe the PFAC's use of email, listservs, or social media for communication:

The PFAC uses email for the distribution of our meeting agenda and minutes and also for communication between meetings.

 \square N/A – We don't communicate through these approaches

Section 5: Orientation and Continuing Education

23. Number of new PFAC members this year: 0

24. Orientation content included (check all that apply):

| | ĺ | | "Buddy | program" | with e | experienced | members |
|--|---|--|--------|----------|--------|-------------|---------|
|--|---|--|--------|----------|--------|-------------|---------|

- Check-in or follow-up after the orientation
- Concepts of patient- and family-centered care (PFCC)
- General hospital orientation
- Health care quality and safety
- \boxtimes History of the PFAC
- □ Hospital performance information
- □ Immediate "assignments" to participate in PFAC work
- Information on how PFAC fits within the organization's structure
- □ In-person training
- □ Massachusetts law and PFACs
- □ Meeting with hospital staff
- □ Patient engagement in research
- PFAC policies, member roles and responsibilities
- Skills training on communication, technology, and meeting preparation
- \boxtimes Other (Please describe below in #24a)
- □ N/A the PFAC members do not go through a formal orientation process

24a. If other, describe:

25. The PFAC received training on the following topics:

- Concepts of patient- and family-centered care (PFCC)
- \boxtimes Health care quality and safety measurement
- □ Health literacy

A high-profile quality issue in the news in relation to the hospital (e.g. simultaneous surgeries, treatment of VIP patients, mental/behavioral health patient discharge, etc.)

- Hospital performance information
- □ Patient engagement in research
- Types of research conducted in the hospital
- Other (Please describe below in **#25a**)
- □ N/A the PFAC did not receive training

25a. If other, describe:

Section 6: FY 2018 PFAC Impact and Accomplishments

The following information only concerns PFAC activities in the fiscal year 2018.

26. The five greatest accomplishments of the PFAC were:

| Accomplishment | Idea came from (choose one) | PFAC role can be best described as (choose one) |
|---|--|---|
| 26a. Accomplishment 1:Get-To- Know-Me (GTKM) Posters: Improving the patient's experience, GTKM posters were re-introduced. The posters obtain personal information from the patient allowing staff to know them beyond their illness. The posters are hung in the patient's room for all staff to reference. It allows staff to connect with the patients and improve the relationship by viewing patients as "people" rather than "just patients". The posters belong to the patients and are transferred with them. | □ Patient/family advisors of the PFAC ☑ Department, committee, or unit that requested PFAC input | □ Being informed about topic □ □ Providing feedback or perspective □ □ Discussing and influencing decisions/agenda □ □ Leading/co leading |
| 26b. Accomplishment 2: Discharge Planning Checklist: This form was created in the attempt to assist and streamline weekend discharges. Council Members offered their suggestions and input which was taken under advisement. | Patient/family advisors of the PFAC Department, committee, or unit that requested PFAC input | Being informed about topic Providing feedback or perspective Discussing and influencing decisions/agenda Leading/co leading |
| 26c. Accomplishment 3: Falls Task Force - Safety First: A new "safety first" form was developed via the Falls Task Force to consolidate the existing mobility sheet with the fall intervention sheet, including all pertinent safety information on one sheet, in | Patient/family advisors of the PFAC Department, committee, or unit that requested PFAC input | Being informed about topic Providing feedback or perspective Discussing and influencing decisions/agenda Leading/co leading |

| one location. The checklist is designed for patient's individual needs. Council 's feedback was appreciated and appropriate changes were made. | | |
|--|---|--|
| 26d. Accomplishment 4: Noise Prevention Team: A new multidisciplinary team has convened to address sources of noise and ways to reduce noise. 1) Call lights and telemetry alarms have been adjusted 2) Daily review of patient's needs regarding need for monitoring 3) Doors are closed if patients prefer and they are not a high or safety risk 4) Additional ideas to reduce noise were shared The Council provided their unique perspective and suggestions which were shared with the Noise Prevention Team. | □ Patient/family advisors of the PFAC ⊠ Department, committee, or unit that requested PFAC input | □ Being informed about topic ☑ Providing feedback or perspective ☑ Discussing and influencing decisions/agenda □ Leading/co leading |
| 26e. Accomplishment 5: Press Ganey Survey response data updates were presented and discussed at each meeting. | Patient/family advisors of the PFAC Department, committee, or unit that requested PFAC input | Being informed about topic Providing feedback or perspective Discussing and influencing decisions/agenda Leading/co leading |

27. The five greatest challenges the PFAC had in FY 2018:

27a. Challenge 1: Inclusion of council members onto hospital committees

27b. Challenge 2:Recruitment of new members on a continual basis so that we may adhere to PFAC term limits

| | 27c. Challenge 3: Full attendance at quarterly meetings | |
|--------------|--|----|
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| | 27d. Challenge 4: | |
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| | 27e. Challenge 5: | |
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| | \square N/A – we did not encounter any challenges in FY 2018 | |
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| T T1. | | |
| . In | e PFAC members serve on the following hospital-wide committees, projects, task forces, work gr or Board commi | |
| | Behavioral Health/Substance Use | |
| | | |
| | Board of Directors | |
| | Care Transitions | |
| | Code of Conduct | |
| | Community Benefits | |
| | Critical Care | |
| | | |
| | | 12 |

30. The PFAC provided advice or recommendations to the hospital on the following areas mentioned in the Massachusetts law (check all that apply):

□ Institutional Review Boards

□ Patient and provider relationships

 \boxtimes Patient education on safety and quality matters

 \boxtimes Quality improvement initiatives

 $\hfill N/A$ – the PFAC did not provide advice or recommendations to the hospital on these areas in FY 2018

31. PFAC members participated in the following activities mentioned in the Massachusetts law (check all that apply):

Advisory boards/groups or panels

 \Box Award committees

Co-trainers for clinical and nonclinical staff, in-service programs, and health professional trainees

| | - |
|--|---|
| Search committees and in the hiring of new staff | |
| \boxtimes Selection of reward and recognition programs | |
| igtimes Standing hospital committees that address quality | |
| Task forces | |
| \Box N/A – the PFAC members did not participate in any of these activities | |
| 32. The hospital shared the following public hospital performance information with the PFAC (check all that apply): 32a. Complaints and serious events | |
| Complaints and investigations reported to Department of Public Health (DPH) | |
| Healthcare-Associated Infections (National Healthcare Safety Network) | |
| \square Patient complaints to hospital | |
| Future compliants to nospital Serious Reportable Events reported to Department of Public Health (DPH) 32b. Quality of care | |
| ☐ High-risk surgeries (such as aortic valve replacement, pancreatic resection) | |
| ☐ Joint Commission Accreditation Quality Report (such as asthma care, immunization, stroke care) | |
| \Box Medicare Hospital Compare (such as complications, readmissions, medical imaging) | |
| Maternity care (such as C-sections, high risk deliveries) 32c. Resource use, patient satisfaction, and other | |
| Inpatient care management (such as electronically ordering medicine, specially trained doctors for ICU patients) | |
| Patient experience/satisfaction scores (eg. HCAHPS - Hospital Consumer Assessment of Healthcare Providers and Systems) | |
| Resource use (such as length of stay, readmissions) | |
| Other (Please describe): Patient Improvement - Noise Reduction Initiatives, Falls Data | |
| \square N/A – the hospital did not share performance information with the PFAC – Skip to #35 | |
| 33. Please explain why the hospital shared only the data you checked in Q 32 above: We are a long term acute care hospital (LTACH) with time constraints during PFAC meetings. Our focus is on Quality Safety initiatives that would improve the patient's experience and overall satisfaction. | |
| 34. Please describe how the PFAC was engaged in discussions around these data in #32 above and any resulting quality improvement initiatives: 1. Patient Satisfaction Scores are presented and discussed at every meeting. | |
| 14 | |

2. The council provided insight, feedback, and suggestions in the development of the Safety First Form, Discharge Checklist, and increasing patient satisfaction with the level of noise within the hospital.

3.

| 35. The PFAC participated in activities related to the following state or national quality of care |
|--|
| initiatives (check all that apply): |
| 35a. National Patient Safety Hospital Goals |
| Identifying patient safety risks |
| □ Identifying patients correctly |

| | Preventing | infection |
|--|------------|-----------|
|--|------------|-----------|

- □ Preventing mistakes in surgery
- Using medicines safely
- Using alarms safely

35b. Prevention and errors

Care transitions (e.g., discharge planning, passports, care coordination, and follow up between

- care settings)
- \boxtimes Checklists
- Electronic Health Records –related errors
- ☐ Hand-washing initiatives
- □ Human Factors Engineering
- ⊠ Fall prevention
- □ Team training
- Safety

35c. Decision-making and advanced planning

- L End of life planning (e.g., hospice, palliative, advanced directives)
- ☐ Health care proxies
- ☐ Improving information for patients and families
- □ Informed decision making/informed consent

35d. Other quality initiatives

- Disclosure of harm and apology
- □ Integration of behavioral health care
- □ Rapid response teams
- Other (Please describe):

 \square N/A – the PFAC did not work in quality of care initiatives

36. Were any members of your PFAC engaged in advising on research studies?

- 🗌 Yes
- \boxtimes No Skip to #40 (Section 6)

| 37. In what ways are members of your PFAC engaged in advising on | research studies? Are they: |
|---|--|
| \Box Educated about the types of research being conducted | |
| \Box Involved in study planning and design | |
| \Box Involved in conducting and implementing studies | |
| Involved in advising on plans to disseminate study fin communicated in understandable, usable ways | dings and to ensure that findings are |
| Involved in policy decisions about how hospital resear work on a policy that says researchers have to include the study) | |
| 38. How are members of your PFAC approached about advising on r | esearch studies? |
| □ Researchers contact the PFAC | |
| \Box Researchers contact individual members, who report b | ack to the PFAC |
| □ Other (Please describe below in #38a) | |
| \Box None of our members are involved in research studies | |
| 38a. If other, describe: | |
| 39. About how many studies have your PFAC members advised on? 1 or 2 3-5 More than 5 None of our members are involved in research studies | |
| Section 7: PFAC Annual R | Report |
| We <u>strongly</u> suggest that all PFAC members approve reports prior to | submission. |
| 40. The following individuals approved this report prior to subm staff or patient/family advisor): | nission (list name and indicate whether |
| Susan Dowling - Hospital StaffDenise FrierAmy Kopchel - Hospital StaffKathy McCa | - Patient/Family Member son - Patient/Family Member rthy - Patient/Family Member nnor - Patient/Family Member |
| 41. Describe the process by which this PFAC report was complet (choose the best option). | ed and approved at your institution |

| Collaborative process: staff and PFAC members both wrote and/or edited the report |
|---|
| Staff wrote report and PFAC members reviewed it |
| Staff wrote report |
| \Box Other (Please describe): |
| Massachusetts law requires that each hospital's annual PFAC report be made available to the public upon request. Answer the following questions about the report: |
| 42. We post the report online. |
| \boxtimes Yes, link: |
| https://www.hcfama.org/sites/default/files/new_england_sinai_hospital_2017_pfac_report.pdf |
| □ No |
| 12 We provide a phone number or a mail address on our wahaits to use for requesting the report |
| 43. We provide a phone number or e-mail address on our website to use for requesting the report. |
| Yes, phone number/e-mail address: 781-297-1153 / Susan.Dowling@Steward.org |
| └┘ No |
| 44. Our hospital has a link on its website to a PFAC page. |
| Yes, link: https://www.newenglandsinai.org/about-us/patient-family-advisory-council |
| □ No, we don't have such a section on our website |
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