

POSTPARTUM CARE DURING THE COVID-19 PANDEMIC

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Postpartum care in the COVID19 era

- Markedly reduced number of in-person prenatal visits
- Early hospital discharge
- Majority of postpartum visits now telemedicine
- Problem(s):
 - Fewer opportunities for anticipatory guidance
 - Less time to establish breastfeeding in hospital
 - Social isolation
 - COVID+ or PUI: unique concerns



Our solutions

- NP, RN, resident outreach
- Online live childbirth education (weekly)
- Online MD “office hours” (daily)
- Virtual parent support groups and 1-1 mentoring
- Ambulatory COVID-19 team





Online childbirth education



sold out

#FamilyEducation #Class  



FRI, APR 3 12:00 PM
Online- Understanding Birth class-BIDMC version

#FamilyEducation #Class  

FRI, APR 3 12:30 PM
Online-Understanding your Newborn class- BIDMC version

#FamilyEducation #Class  

FRI, APR 3 1:00 PM
Online-Understanding Breastfeeding class-BIDMC version

#FamilyEducation #Class  

Virtual “office hours”

**PREGNANCY, CHILDBIRTH AND NEWBORN CARE
DURING COVID 19**

**A HOTLINE TO ANSWER YOUR QUESTIONS
SPONSORED BY THE
DEPARTMENT OF OBSTETRICS AND GYNECOLOGY
AND
BIDMC**

Q&A

[Open\(1\)](#) [Answered\(9\)](#) [Dismissed](#)

Anonymous Attendee 12:27 PM
Can all procedures (shots etc.) be done in the room so we minimize the amount of time our newborn has contact with other people?

[Answer live](#) [Type answer](#)



Online Parent Connection support group

- Our Postpartum Support Group ends at 1:30 pm, no late arrivals after 1:00 pm please.
- For questions contact the Parent Connection at 617-667-BABY.

For more information, [download our Breastfeeding Support and Resources flyer.](#)



New Parents Groups

Health and safety are our biggest priorities. While we are not currently meeting in person for our Parent Support Groups, we have moved to virtual/online weekly meetings via Zoom. Please register below and we will send you information about our weekly Zoom Parent Support groups. They are occurring at the same times as the groups listed below.

Are you a new parent? Do you want to meet other new parents, have a place to talk about the joys and challenges of parenthood, and be able to ask questions? Come to our New Parents groups, a complimentary service for parents & babies under one year old.

Our New Parents Groups meet in several community locations, offering the opportunity to meet other new moms in your community and provide another place to ask questions.

- Search
- Home
- Patient Services
- Request Appointment
- Urgent Care

Ambulatory COVID team

- **All** ambulatory patients with symptoms, exposures or confirmed COVID+
 - Census ~30/day
 - Discharged 60 pts as of 4/3
- RN outreach, staffed by MFM
- Daily team huddle
- Ambulatory site with process for pt rooming, provider PPE; ultrasound and lab availability
- Video orienting providers to referral process

Challenges & future directions

- Operationalizing formal depression screening
- Postpartum contraception
- Lactation support
- Equity

