# 2023 Patient and Family Advisory Council Annual Report Form

The survey questions concern PFAC activities in fiscal year 2023 only: (July 1, 2022 - June 30, 2023).

# Section 1: General Information

### 1. Hospital Name: Addison Gilbert Hospital

NOTE: Massachusetts law requires every hospital to make a report about its PFAC publicly available. The Center strongly encourages the completion of an individual report for each hospital-wide PFAC.

# 1a. Which best describes your PFAC?

- □ We are the only PFAC at a single hospital **skip to #3 below**
- □ We are a PFAC for a system with several hospitals **skip to #2C below**
- □ We are one of multiple PFACs at a single hospital
- We are one of several PFACs for a system with several hospitals skip to #2C below
- $\Box$  Other (Please describe):

## 1b. Will another PFAC at your hospital also submit a report?

- $\Box$  Yes
- $\boxtimes$  No
- □ Don't know

## 1c. Will another hospital within your system also submit a report?

- 🛛 Yes
- $\Box$  No
- $\Box$  Don't know

### 3. Staff PFAC Co-Chair Contact:

- 2a. Name and Title: Donna Wheeler, Quality Analyst
- 2b. Email: donna.wheeler@lahey.org
- 2c. Phone: 978-816-2353
- $\Box$  Not applicable

### 4. Patient/Family PFAC Co-Chair Contact:

- 3a. Name and Title: Rosemary Fournier, Patient/Family PFAC Co-Chair
- 3b. Email: rosemary.fournier@comcast.net
- 3c. Phone: 860-985-5540
- $\Box$  Not applicable

### 5. Is the Staff PFAC Co-Chair also the Staff PFAC Liaison/Coordinator?

- ⊠ Yes skip to #7 (Section 1) below
- $\Box$  No describe below in #6

## 6. Staff PFAC Liaison/Coordinator Contact:

- 6a. Name and Title:
- 6b. Email:
- 6c. Phone:
- $\Box$  Not applicable

# Section 2: PFAC Organization

## 7. This year, the PFAC recruited new members through the following approaches (check all that apply):

- □ Case managers/care coordinators
- $\Box$  Community based organizations
- $\Box$  Community events
- $\Box$  Facebook, Twitter, and other social media
- $\Box$  Hospital banners and posters
- $\Box$  Hospital publications
- □ Houses of worship/religious organizations
- $\Box$  Patient satisfaction surveys
- $\boxtimes$  Promotional efforts within institution to patients or families
- $\boxtimes$  Promotional efforts within institution to providers or staff
- $\Box$  Recruitment brochures
- ⊠ Word of mouth/through existing members
- $\Box$  Other (Please describe):
- $\Box$  N/A we did not recruit new members in FY 2022
- 8. Total number of staff members on the PFAC: 6
- 9. Total number of patient or family member advisors on the PFAC: 7
- 10. The name of the hospital department supporting the PFAC is: Performance Improvement & Quality (sub-department, Patient Experience)
- 11. The hospital position of the PFAC Staff Liaison/Coordinator is: n/a

# 12. The hospital provides the following for PFAC members to encourage their participation in meetings (check all that apply):

- $\boxtimes$  Annual gifts of appreciation
- Assistive services for those with disabilities
- Conference call phone numbers or "virtual meeting" options
- Meetings outside 9am-5pm office hours
- □ Parking, mileage, or meals
- □ Payment for attendance at annual PFAC conference
- □ Payment for attendance at other conferences or trainings
- □ Provision/reimbursement for childcare or elder care
- □ Stipends
- □ Translator or interpreter services
- Other (Please describe):
- 🗆 N/A

# Section 3: Community Representation

The PFAC regulations require that patient and family members in your PFAC be "representative of the community served by the hospital." If you are not sure how to answer the following questions, contact your community relations office or check "don't know."

13. Our hospital's catchment area is geographically defined as: Essex County

Don't know

14. The racial and ethnic groups in these areas include (please provide percentages; <u>if you are unsure of the percentages check "don't know"</u>):

	RACE		ETHNICITY					
	% American Indian or Alaska Native	% Asian	% Black or African American	% Native Hawaiian or other Pacific Islander	% White	% Other	% Hispanic, Latino, or Spanish origin	
14a. Our defined catchment area	1.0	4.1	7.9	0.2	83.9	3.0	23.9	□ Don't know
14b. Patients the hospital provided care to in FY 2023								⊠ Please see page 14
14c. The PFAC patient and family advisors in FY 2023					100			□ Don't know

# 15. The languages spoken in these areas include (please provide percentages; <u>if you are unsure of the</u> <u>percentages select "don't know"</u>):

	Limited English Proficiency (LEP) %	
15a. Patients the hospital provided care to in FY 2023		⊠ Don't know
15b. PFAC patient and family advisors in FY 2023	0	□ Don't know

15c. What percentage of patients that the hospital provided care to in FY 2023 spoke the following as their primary language?

	%
Spanish	1.33
Portuguese	0.72
Chinese	0.03
Haitian Creole	0.02
Vietnamese	0.02
Russian	0.04
French	0.02
Mon-Khmer/Cambodian	0.04
Italian	0.11
Arabic	0.08
Albanian	0.14
Cape Verdean	

Don't know

15d. In FY 2023, what percentage of PFAC patient and family advisors spoke the following as their primary language?

	%	
Spanish	0	
Portuguese	0	
Chinese	0	
Haitian Creole	0	
Vietnamese	0	
Russian	0	
French	0	
Mon-Khmer/Cambodian	0	
Italian	0	
Arabic	0	
Albanian	0	
Cape Verdean	0	

Don't know

**16.** The PFAC is undertaking the following activities to ensure appropriate representation of our **membership in comparison to our patient population or catchment area:** We continued our partnership with

BILH Community Relations and Benefits to participate in opportunities/events that help PFAC learn about our growing and changing diverse communities and adjust our outreach as much as possible. We also included an updated PFAC section to the hospital's new website.

# Section 4: PFAC Operations

17. Our process for developing and distributing agendas for the PFAC meetings (choose):
$\Box$ Staff develops the agenda and sends it out prior to the meeting
$\Box$ Staff develops the agenda and distributes it at the meeting
$\Box$ PFAC members develop the agenda and send it out prior to the meeting
$\Box$ PFAC members develop the agenda and distribute it at the meeting
PFAC members and staff develop agenda together and send it out prior to the meeting. (Please describe below in <b>#17a</b> )
PFAC members and staff develop agenda together and distribute it at the meeting. (Please describe below in #17a)
$\Box$ Other process (Please describe below in #17b)
$\square$ N/A – the PFAC does not use agendas
17a. If staff and PFAC members develop the agenda together, please describe the process:
At the end of each monthly PFAC meeting, agenda items for the next meeting are noted. Prior to the monthly meeting, the two co-chairs reach out to PFAC for additional agenda items, then meet to finalize the agenda. The minutes and agenda are sent 2-5 days ahead of the meeting.
17b. If other process, please describe:
18. The PFAC goals and objectives for 2023 were: (check the best choice):
Developed by staff alone
$\Box$ Developed by staff and reviewed by PFAC members
igtimes Developed by PFAC members and staff
$\square$ N/A – we did not have goals for FY 2022– <b>Skip to #20</b>
<ul><li>19. The PFAC had the following goals and objectives for 2023:</li><li>Increase membership</li></ul>
<ul> <li>Increase PFAC Advisor participation in hospital standing committees</li> <li>Increase PFAC involvement with hospital initiatives/patient-centered projects</li> <li>Increase knowledge about pending/ongoing hospital initiatives having direct impact on patients and families.</li> </ul>
<b>20. Please list any subcommittees that your PFAC has established:</b> Membership & Recruitment, Communication (with surrounding communities), and Special Projects
6

21. How does the PFAC interact with the hospital Board of Directors (check all that apply):	
$\boxtimes$ PFAC submits annual report to Board	
$\Box$ PFAC submits meeting minutes to Board	
$\Box$ Action items or concerns are part of an ongoing "Feedback Loop" to the Board	
$\Box$ PFAC member(s) attend(s) Board meetings	
□ Board member(s) attend(s) PFAC meetings	
$\Box$ PFAC member(s) are on board-level committee(s)	
Other (Please describe): Presentation to the Board Quality Committee	
$\Box$ N/A – the PFAC does not interact with the Hospital Board of Directors	
22. Describe the PFAC's use of email, listservs, or social media for communication:	
$\boxtimes$ N/A – We don't communicate through these approaches	
Section 5: Orientation and Continuing Education	
23. Number of new PFAC members this year: 3 (2 Advisors, 1 Staff)	
24. Orientation content included (check all that apply):	
$\square$ "Buddy program" with experienced members	
Check-in or follow-up after the orientation	
Concepts of patient- and family-centered care (PFCC)	
General hospital orientation	
Health care quality and safety	
$\Box$ History of the PFAC	
Hospital performance information	
☐ Immediate "assignments" to participate in PFAC work	
$\boxtimes$ Information on how PFAC fits within the organization's structure	
□ In-person training	
$\square$ Massachusetts law and PFACs	
$\square$ Meeting with hospital staff	
$\square$ Patient engagement in research	
$\square$ PFAC policies, member roles and responsibilities	
Skills training on communication, technology, and meeting preparation	
Other (Please describe below in # <b>24a</b> )	
$\square$ N/A – the PFAC members do not go through a formal orientation process	
24a. If other, describe: Modified hospital orientation by Volunteer Department, CREATE training	
25. The PFAC received training on the following topics:	
$\boxtimes$ Concepts of patient- and family-centered care (PFCC)	
r	
	7

<ul> <li>Health care quality and safety measurement</li> <li>Health literacy</li> <li>A high-profile quality issue in the news in relation to the hospital (e.g., simultaneous surgeries, treatment of VIP patients, mental/behavioral health patient discharge, etc.)</li> <li>Hospital performance information</li> <li>Patient engagement in research</li> <li>Types of research conducted in the hospital</li> <li>Other (Please describe below in #25a)</li> <li>N/A – the PFAC did not receive training</li> </ul>			
25a. If other, describe:			
Section 6: FY 2023 PFAC Impact and Accomplishments The following information concerns PFAC activities in the fiscal year 2023. 26. Please share the following information on the PFACs accomplishments and impacts: 26a. What were the three greatest accomplishments/impacts of the PFAC related to providing feedback or perspective?			
Accomplishment/Impact	Idea came from (choose one)		
Accomplishment/Impact 1: Provided feedback on Social Determinants of Health and Health Equity presentation Accomplishment/Impact 2: Input on guide for Serious Advancing	<ul> <li>Patient/family advisors of the PFAC</li> <li>Department, committee, or unit that requested PFAC input</li> <li>Patient/family advisors of the PFAC</li> <li>Department, committee, or unit that requested PFAC input</li> </ul>		
Illness, Advanced Care Planning and All About Me form Accomplishment/Impact 3: Contributed to the update of the	Patient/family advisors of the PFAC		

26b. What were the three greatest accomplishments/impacts of the PFAC related to influencing the institution's financial and programmatic decisions?

Patient Handbook

Department, committee, or unit that requested PFAC input

Accomplishment/Impact	Idea came from (choose one)
Accomplishment/Impact 1: Helped update the PFAC and hospital website to emphasize programs in an understandable patient friendly manner	<ul> <li>Patient/family advisors of the PFAC</li> <li>Department, committee, or unit that requested PFAC input</li> </ul>
Accomplishment/Impact 2: Added an advisor to the soon to be formed Maternal/Newborn PFAC	<ul> <li>Patient/family advisors of the PFAC</li> <li>Department, committee, or unit that requested PFAC input</li> </ul>

Accomplishment/Impact 3:	Patient/family advisors of the PFAC
Worked with the committee	
involved in improving Emergency	Department, committee, or unit that requested PFAC input
Department flow	

26c. What were the three greatest accomplishments/impacts of the PFAC related leading/co-leading programs and initiatives?

Accomplishment/Impact	Idea came from (choose one)
Accomplishment/Impact 1: Fulfilled the request to add a PFAC Advisor to the Beth Israel Lahey Health Performance Network committee	<ul> <li>Patient/family advisors of the PFAC</li> <li>Department, committee, or unit that requested PFAC input</li> </ul>
Accomplishment/Impact 2: The PFAC planned and presented an overview of our work and accomplishments since inception in 2010 at the Hospital Leadership meeting to provide education and encouraged more utilization of our council.	<ul> <li>☑ Patient/family advisors of the PFAC</li> <li>□ Department, committee, or unit that requested PFAC input</li> </ul>
Accomplishment/Impact 3:	<ul> <li>Patient/family advisors of the PFAC</li> <li>Department, committee, or unit that requested PFAC input</li> </ul>

# 27. The five greatest challenges the PFAC had in FY 2023:

**Challenge 1:** Several key staff members retired from the council

**Challenge 2:** The staff co-chair for PFAC left the hospital so the council is temporarily without a permanent co-chair

Challenge 3: Continuing to meet virtually presents some challenges, but also some benefits

**Challenge 4:** While we were able to add two new advisors, it is still challenging to add diversity to the council

# Challenge 5:

 $\square$  N/A – we did not encounter any challenges in FY 2023

28. The PFAC members serve on the following hospital-wide committees, projects, task forces, work groups,

#### or Board committees:

- □ Behavioral Health/Substance Use
- □ Bereavement
- □ Board of Directors
- □ Care Transitions
- $\Box$  Code of Conduct

 $\boxtimes$  Community Benefits

□ Critical Care

□ Culturally Competent Care

□ Discharge Delays

□ Diversity & Inclusion

□ Drug Shortage

□ Eliminating Preventable Harm

Emergency Department Patient/Family Experience Improvement

□ Ethics

□ Institutional Review Board (IRB)

Lesbian, Gay, Bisexual, and Transgender (LGBT) – Sensitive Care

□ Patient Care Assessment

Patient Education

☑ Patient and Family Experience Improvement

□ Pharmacy Discharge Script Program

 $\boxtimes$  Quality and Safety

☑ Quality/Performance Improvement

□ Surgical Home

 $\boxtimes$  Other (Please describe): Emergency Department Patient Experience, Geriatric Steering Committee  $\square$  N/A – the PFAC members do not serve on these – **Skip to #30** 

**29.** How do members on these hospital-wide committees or projects report back to the PFAC about their work? Report outs at our monthly meetings

30. The PFAC provided advice or recommendations to the hospital on the following areas mentioned in the Massachusetts law (check all that apply):

□ Institutional Review Boards

□ Patient and provider relationships

I Patient education on safety and quality matters

 $\boxtimes$  Quality improvement initiatives

 $\square$  N/A – the PFAC did not provide advice or recommendations to the hospital on these areas in FY 2022

# **31.** PFAC members participated in the following activities mentioned in the Massachusetts law (check all that apply):

□ Advisory boards/groups or panels

 $\boxtimes$  Award committees

Co-trainers for clinical and nonclinical staff, in-service programs, and health professional trainees

□ Search committees and in the hiring of new staff

Selection of reward and recognition programs

Standing hospital committees that address quality

 $\Box$  Task forces

□ N/A – the PFAC members did not participate in any of these activities

32. The hospital shared the following public hospital performance information with the PFAC (check all that apply):

32a. Complaints and serious events

- Complaints and investigations reported to Department of Public Health (DPH)
- Healthcare-Associated Infections (National Healthcare Safety Network)

□ Patient complaints to hospital

Serious Reportable Events reported to Department of Public Health (DPH)

# 32b. Quality of care

□ High-risk surgeries (such as aortic valve replacement, pancreatic resection)

- □ Joint Commission Accreditation Quality Report (such as asthma care, immunization, stroke care)
- Medicare Hospital Compare (such as complications, readmissions, medical imaging)

□ Maternity care (such as C-sections, high risk deliveries)

# 32c. Resource use, patient satisfaction, and other

□ Inpatient care management (such as electronically ordering medicine, specially trained doctors for ICU patients)

In Patient experience/satisfaction scores (e.g. HCAHPS - Hospital Consumer Assessment of

Healthcare Providers and Systems)

 $\boxtimes$  Resource use (such as length of stay, readmissions)

 $\Box$  Other (Please describe):

 $\Box$  N/A – the hospital did not share performance information with the PFAC – Skip to #35

**33.** Please explain why the hospital shared only the data you checked in Q 32 above: This data as part of the Hospital Quality Dashboard, and it is shared monthly at our Performance Improvement and Patient Safety (PIPS) meeting as part of the standing agenda.

34. Please describe how the PFAC was engaged in discussions around these data in #32 above and any resulting quality improvement initiatives: PFAC members regularly attend our Performance Improvement (PIPS), Patient Experience Steering Committee monthly meetings, as well as subcommittee meetings (i.e. patient flow during COVID, patient education, etc.)

# 35. The PFAC participated in activities related to the following state or national quality of care initiatives (check all that apply):

- 35a. National Patient Safety Hospital Goals
- $\boxtimes$  Identifying patient safety risks
- □ Identifying patients correctly
- $\boxtimes$  Preventing infection
- □ Preventing mistakes in surgery
- □ Using medicines safely
- □ Using alarms safely

35b. Prevention and errors

⊠ Care transitions (e.g., discharge planning, passports, care coordination, and follow up between care settings)

 $\Box$  Checklists

- □ Electronic Health Records –related errors
- □ Hand-washing initiatives
- □ Human Factors Engineering
- □ Fall prevention

□ Team training

 $\boxtimes$  Safety

35c. Decision-making and advanced planning

End of life planning (e.g., hospice, palliative, advanced directives)

 $\boxtimes$  Health care proxies

Improving information for patients and families

☑ Informed decision making/informed consent

35d. Other quality initiatives

□ Disclosure of harm and apology

 $\boxtimes$  Integration of behavioral health care

□ Rapid response teams

 $\Box$  Other (Please describe):

□ N/A – the PFAC did not work in quality of care initiatives

## 36. Were any members of your PFAC engaged in advising on research studies?

□ Yes

⊠ No – Skip to #40 (Section 6)

## 37. In what ways are members of your PFAC engaged in advising on research studies? Are they:

 $\hfill\square$  Educated about the types of research being conducted

□ Involved in study planning and design

□ Involved in conducting and implementing studies

□ Involved in advising on plans to disseminate study findings and to ensure that findings are communicated in understandable, usable ways

 $\Box$  Involved in policy decisions about how hospital researchers engage with the PFAC (e.g. they work on a policy that says researchers have to include the PFAC in planning and design for every study)

# 38. How are members of your PFAC approached about advising on research studies?

 $\Box$  Researchers contact the PFAC

□ Researchers contact individual members, who report back to the PFAC

□ Other (Please describe below in **#38a**)

 $\boxtimes$  None of our members are involved in research studies

38a. If other, describe:

### 39. About how many studies have your PFAC members advised on?

□ 1 or 2

□ 3-5

 $\Box$  More than 5

 $\boxtimes$  None of our members are involved in research studies

# Section 7: PFAC Annual Report

We strongly suggest that all PFAC members approve reports prior to submission.

# 40. The following individuals approved this report prior to submission (list name and indicate whether staff or patient/family advisor):

Rosemary Fornier – Advisor (Co-chair) Lynn Graziano – Advisor Zoe Larsen – Advisor Paul Lengieza – Advisor Liz Loomis Kathy Skrabut – Advisor Donna Wheeler – Staff (Co-chair)

41. Describe the process by which this PFAC report was completed and approved at your institution (choose the best option).

 $\boxtimes$  Collaborative process: staff and PFAC members both wrote and/or edited the report

□ Staff wrote report and PFAC members reviewed it

□ Staff wrote report

 $\Box$  Other (Please describe):

Massachusetts law requires that each hospital's annual PFAC report be made available to the public upon request. Answer the following questions about the report:

#### 42. We post the report online.

 $\Box$  Yes, link:

🖾 No

#### 43. We provide a phone number or e-mail address on our website to use for requesting the report.

 $\Box$  Yes, phone number/e-mail address: 978-816-2273/ pex-patient-advocates@lahey.org  $\Box$  No

#### 44. Our hospital has a link on its website to a PFAC page.

 $\boxtimes$  Yes, link: https://beverlyhospital.org/patients-visitors/pfac  $\Box$  No, we don't have such a section on our website

Attachment – Question 14b

14b. Patients the hospital provided care to in FY 2023

Race 🗠	Sum of Encounters
Asian	1.40%
Black	2.77%
Declined	0.35%
Other	6.07%
Unavailable	0.80%
White	88.63%
Grand Total	100.00%

Ethnicity	Sum of Encounters
Declined	0.34%
Hispanic Origin	8.57%
Hispanic Origin Unknown	0.06%
Non Hispanic Origin	91.03%
(blank)	0.00%
Grand Total	100.00%