

Virtual Peer Support Network

Peer support for the medical community

Many people in the medical community are feeling stressed, sad, and exhausted. Talking to someone who understands can help.

The Betsy Lehman Center for Patient Safety offers a **free**, virtual network to connect colleagues in the Massachusetts medical community with peers who are trained to help with the difficult feelings that can accompany working on the front line of health care.

HOW DOES IT WORK?

When you reach out to the Virtual Peer Support Network, you will be matched with a colleague in a similar role outside of your organization. These peer supporters are trained volunteers who provide encouragement, support, and resources to colleagues. **All conversations are confidential.**

HOW DO I REACH OUT FOR SUPPORT?



Visit BetsyLehmanCenterMA.gov/VirtualPeerSupport or scan the QR code to access the request form. To reach out by phone, call 617-701-8101. A Betsy Lehman Center team member will get back to you in 1-2 weekdays.



WHO IS IT FOR?

The network is for anyone working in health care in Massachusetts. This can include:

- Physicians
- Nurses
- Advance Practice Providers
- Pharmacists
- Lab technicians
- Public safety officers
- Environmental services staff
- And more