## Building Connections: Peer Support as a Powerful Resource for Resilience



Join us for a virtual workshop about resilience and how to use peer support to meet the challenges and stress of providing care during COVID-19

Thursday, August 20, 2020 • 6:30-8:00 p.m. www.BetsyLehmanCenterMA.gov/Resilience



## **ABOUT THE PRESENTER**

**Siobhan O'Neill, M.D.**, believes that resilience is a learnable skill. When we focus our intention, cultivate connections to peers, and practice together, we build our capacity to meet the challenges and stress of modern medicine.

Dr. O'Neill practices clinically and consults to major malpractice insurers in the Boston area and New England. Since 2008, she has been facilitating peer resource and support groups for doctors and nurses. She teaches nationwide on navigating the aftermath of adverse events and litigation, and on cultivating humanity and self-care in the practice of medicine.

Dr. O'Neill is a graduate of Harvard Medical School's residency in psychiatry at Massachusetts General Hospital/McLean Hospital, where she served as Chief Resident. She completed advanced training in psychoanalytic psychotherapy, group psychotherapy, and spiritual psychology. She is a part-time Assistant Professor of Psychiatry at Harvard Medical School and co-founder of Mindframe Consulting.

## REGISTER FOR THE WORKSHOP

This virtual workshop is a free resource from the Betsy Lehman Center for Patient Safety. Visit <a href="www.BetsyLehmanCenterMA.gov/Resilience">www.BetsyLehmanCenterMA.gov/Resilience</a> to sign up.



Questions? Contact Jacqueline. Ewuoso@state.ma.us.