STAY SAFE AT WORK

Here's what you need to know to are caring for, and your community

Don't come to work if you are sick

Be extra careful if you don't feel well. Do you have a fever? Sore throat? Diarrhea? You could be sick and don't want to spread your sickness to others.

DURING COVID-19

protect yourself, the people you from coronavirus and other germs.

Practice good hygiene at work and at home

- **Wash your hands often.** Use soap and water or hand sanitizer. Always clean hands for at least 20 seconds.

- **Use disinfectant** to clean things that others will touch too. Door handles and counters are examples.

Call your supervisor if you feel sick. Stay home. Stay away from others. Call the doctor.

Know how to safely use PPE

You may need to wear personal work. Make sure you know how to

Go to BetsyLehmanCenter code to watch a video with taking off PPE.

BETSY LEHMAN CENTER
for Patient Safety

- **Don't share food with others.** Limit the number of people in the break room at work. Eat outside when possible.

- **Don't get too close to other people.** Keep at least 6 feet away whenever you can.

protective equipment (PPE) at
use it safely.

MA.gov/CongregateCare or scan the
a best practice for putting on and