

Test your knowledge about PPE

Watch the video at BetsyLehmanCenterMA.gov/CongregateCare and take this quiz to see what you've learned!



Putting on PPE "Donning"

1. It is best practice to put on personal protective equipment (PPE) before you enter the resident's room.
 - a. True
 - b. False
2. For how long should you clean your hands before putting on PPE?
 - a. 10-12 seconds
 - b. 20 seconds
 - c. 60 seconds
 - d. It is not necessary to sanitize hands before donning PPE
3. PPE should be put on as quickly as possible.
 - a. True
 - b. False
4. It is best to take jewelry off before putting on PPE.
 - a. True
 - b. False
5. A face mask or respirator does not need to cover the nose.
 - a. True
 - b. False
6. Which of these should you put on **first** if you will be wearing a gown, gloves, mask and goggles?
 - a. Gown
 - b. Gloves
 - c. Mask
 - d. Goggles
7. Which of these should you put on **last** if you will be wearing a gown, gloves, mask and goggles?
 - a. Gown
 - b. Gloves
 - c. Mask
 - d. Goggles

Taking off PPE "Doffing"

8. When taking off PPE, what should you remove **first**?
 - a. Gown
 - b. Gloves
 - c. Mask
 - d. Goggles
9. It is best practice to take off PPE outside of the resident's room.
 - a. True
 - b. False
10. It is important to sanitize your hands again for 20 seconds after taking off PPE.
 - a. True
 - b. False

Answer key

1. a. True
2. b. 20 seconds
3. b. False
4. a. True
5. b. False
6. a. Gown
7. b. Gloves
8. b. Gloves
9. a. True
10. a. True