

Do you have ideas to help improve care for patients at this practice?

# **BECOME A PATIENT AND FAMILY ADVISOR**

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#### What is a patient and family advisor?

• A patient and family advisor is someone who helps improve the quality of the treatment experience for patients with chronic conditions such as high blood pressure.

### What do patient and family advisors do?

- Talk about your experience. Advisors help by talking about their health care experiences with doctors, staff and other patients.
- Participate in discussion groups. Advisors tell us what it's like to be a patient and how we can improve the care we provide.
- Review or help create patient education materials. Advisors help review or create materials like forms and educational handouts. Advisors provide a patient perspective and help us make these materials easier for all patients and family members to understand and use.
- Partner with the community. Discuss what programs or resources could be offered in the community to help support patient self-management.

### Why should YOU become a patient and family advisor?

• If you or a family member has received treatment for a chronic condition such as high blood pressure, you could help to bridge the gap between how patients experience treatment and how their physicians perceive the care they provide.

## For more information about becoming a patient and family advisor, contact:

<<Insert your practice logo here>>

Call: <<INSERT contact name and phone number>> Email: <<INSERT contact name and email address>>

For more information about the AMA's strategic focus to improve health outcomes, visit: ama-assn.org/go/hypertension

Join us! Together we can work to improve patients' care experiences!