

KNOW THE SIGNS OF SEPSIS



**FEVER AND
CHILLS**



**EXTREME
TIREDNESS**



CONFUSION



**SHORTNESS
OF BREATH**



LIGHTHEADED



**UNEXPLAINED
PAIN**

Ask the doctor: “Could this be sepsis?”

mass.gov/sepsis

What is sepsis?

Sepsis is the body's overwhelming response to an infection. It can start from something very small or very common, like a scraped knee or the flu. Sepsis can cause damage to the body's tissues, organ failure and even death.

Who can get sepsis?

Anyone can get sepsis. People with chronic conditions such as diabetes, lung disease, cancer and kidney disease are at higher risk of developing infections that can lead to sepsis. Sepsis is most common in:

- Adults 65 or older
- People with weakened immune systems
- Children younger than one

What should I do?

If you or a loved one have a mix of the symptoms on this card and are not getting better or feel worse, this could be a sign of sepsis. But it can be treated if caught early, so get medical help fast.



Know the signs. Act in time.

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