



Steps for Launching Peer Support at BIDMC

- Contact Department/Unit Chief or Nurse Manager and ask them if they would be interested in launching the program in their department – send them program information

- Ask them to send out an email to staff members generally describing the peer support program, and a link to a peer via survey. This anonymous survey allows them to identify a peer in the environment that may be most helpful in a difficult situation
 - a. “if you experienced a troubling event at work, who would you go to?” (specific name)

- The Peer Support Project Manager collects the surveys and those nominated the most frequently by their peers are asked if they would be willing to participate in the role of the Peer Supporter

- Add the Peer Supporters and contact info to the Peer Support list on the BIDMC Portal, sent a [Congratulations Letter](#) for being nominated then have them attend a Peer Support Training

- Send the Chiefs and Nurse Managers an email to send to their staff introducing the Peer Supporter(s), and ask Peer Supporters to introduce themselves in their new role at a departmental meeting