

For more information, please visit:  
[BetsyLehmanCenterMA.gov/VirtualPeerSupport](https://BetsyLehmanCenterMA.gov/VirtualPeerSupport)

All conversations are confidential.

Many of us are feeling stressed, sad and exhausted – talking to someone who understands can help. Reach out to the Virtual Peer Support Network to be matched with someone in a similar role here at Sturdy, or at another health care organization in Massachusetts.

PEER SUPPORT FOR THE MEDICAL COMMUNITY

# Virtual Peer Support Network

*Introducing the statewide*

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