



BetsyLehmanCenterMA.gov/VirtualPeerSupport

For more information, please visit:

All conversations are confidential.

Many of us are feeling stressed, sad and exhausted – talking to someone who understands can help. Reach out to the Virtual Peer Support Network to be matched with someone in a similar role here at Sturdy, or at another health care organization in Massachusetts.

Peer support for the medical community.

Virtual Peer Support Network at Sturdy Memorial Hospital

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