

## **Team Training**

Initial training for the forYOU Team member consists of a workshop that provides specific training on individual critical incident stress management. Additional and ongoing training will occur during regularly scheduled monthly meetings on an as needed basis. Team members are encouraged to notify respective facility team lead of potential learning opportunities.

## **Training Day Topics**

- A Personal Story (try to have a physician share their experience)
- A Silent Epidemic-Defining the Second Victim
- Second Victim Experiences (small group work- Identification and reflection on several second victim events)
- Peer Support in Action-Panel Discussion
- Molly's Story-Supporting Staff (story about how others provide support)
- One on One Support-Defusing Techniques
- Beyond First Aid-Additional Help is Needed (panel with risk management, chaplain, EAP)
- The Encounter (Example of an actual encounter)
- Defining the Encounter (Discussion of encounter)
- Capturing the Encounter (Documenting)
- Small group role plays-2 scenarios