

Patient and Family Advisory Council

Getting Started Tool Kit

Created by Meghan West and Laurie Brown Skunks Team



A TOOL KIT FOR CREATING A PATIENT AND FAMILY ADVISORY COUNCIL

STEP BY STEP GUIDE FOR CREATING A
PATIENT AND FAMILY ADVISORY COUNCIL

CREATED BY
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ACKNOWLEDGEMENTS

Thank you to the Family Advisory Council at Children's Hospital. They were the first Advisory council within BJC. They provided a vision for involvement of families in all aspects of patient care.

Thank you to Missouri Baptist Cancer Care Center, Christian Hospital Cancer Care Center and Barnes-Jewish St. Peter's Hospital Siteman Cancer Center for being the first to start on this journey toward working together with our patients and families.

We also want to thank the patients and families we have met along the way. We continue to be inspired by your passion to deal with chronic illness WHILE partnering with our healthcare staff to make a difference.

WELCOME TO THE JOURNEY - INTRODUCTION

In 2007, our boss, Ginny Clark, presented her vision to our team of starting Patient and Family Advisory Councils (PFAC) at the BJC community hospitals. So like any good, loyal staff, we rolled up our sleeves and got to work. During the next several months we embarked on a journey that truly energized us and motivated us to want to come to work each day, ready to change the healthcare experience WITH our patients and family members. Our journey started with research, what we call PFAC preparedness – site visits, interviews, and the development of a methodology that served as our guide for how to establish a PFAC. Two hospital cancer centers volunteered to trial our PFAC methodology – Missouri Baptist Medical Center Cancer Center and Christian Hospital Cancer Care Center. Experiencing this process has changed our lives and the lives of the hospital staff, patients, and family members involved. This book is the culmination of all that we learned along the way. It is our hope that others may use it and improve upon it in order to create a culture in the healthcare environment where PFACs are viewed as an integral part of how decisions are made.

WHAT IS A PATIENT AND FAMILY ADVISORY COUNCIL?

A Patient and Family Advisory Council (PFAC) partners patients and families with members of the healthcare team to provide guidance on how to improve the patient and family experience. As part of this PFAC process, patients and families are invited to serve on hospital committees to ensure that the consumer's point of view, perspective, and experience are not only heard, but also integrated into the service and quality improvements that are engineered to ensure high-quality, customer-centered care. Through their unique perspectives, they give input on issues that impact care, ensuring that the next patient or family member's journey is easier.

BENEFITS OF A PATIENT AND FAMILY ADVISORY COUNCIL

For the Healthcare Organizations:

- Provide an effective mechanism for receiving and responding to consumer input.
- Result in more efficient planning to ensure that services really meet consumer needs and priorities.
- Lead to increased understanding and cooperation between patients, families and staff.
- Promote respectful, effective partnerships between patients, families and clinicians.
- Transform the culture toward patient-centered care.
- Develop programs and policies that are relevant to patient's and families' needs.
- Strengthen community relations.
- Recognize that collaboration with their providers through patient-centered care leads to better self-management of chronic conditions and improved adherence to medication regimens.

For Patients and Families:

- Gain a better understanding of the healthcare system.
- Appreciate being listened to and having their opinions valued.
- Become advocates for the patient and family-centered healthcare in their community.
- Understand how to become an active participant in their own healthcare.
- Develop close relationships with other members on the council.
- Provide an opportunity to learn new skills (facilitating groups, listening skills, telling their story).

UNDERSTANDING POSSIBLE BARRIERS

Attitudinal Barriers:

- Fear that patients' and families' suggestions will be unreasonable.
- Fear that patients and families will compromise confidentiality.
- Belief that a customer service program is sufficient to ensure patient satisfaction.
- Lack of imperial evidence supporting patient and family involvement in decision-making.
- Belief that patient and family-centered care is not necessary ("we know what is best for our patients")
- Belief that patient and family-centered care is time-consuming and requires additional staffing.

Organizational Barriers:

- Lack of guiding vision.
- Tendency to implement either a top-down approach to initiating partnerships with insufficient effort put in to building staff commitment, or a tendency to implement a grass roots effort that lacks leadership, commitment and support.
- Organizational culture.
- Scarce resources and competing priorities.
- Inadequate organizational leadership.

ARE YOU READY?

Are you ready to partner with your patients and family members? Creating a patient and family advisory council is a great first step. The voice of our patients and family members can be a powerful tool in improving safety, patient satisfaction and quality. By forming a patient and family advisory council you and your team are starting a new journey of truly embracing patient and family-centered care. Like any new idea, the concept may sound "fun", but actual implementation can be challenging. That is why there must be a well thought out engagement\acceptance plan for this journey.

Advisory Council Guiding Principles:

- Patient and family-centered care applies to patients of all ages.
- PFACs may be established in any healthcare setting.
- Family is defined in its broadest scope; anyone who is close to the patient and provides support is considered as family.

Patient and Family-Centered Care Guiding Principles:

- Dignity and Respect. Health care practitioners listen to and honor patient and family perspectives and choices. Patient and family knowledge, values, beliefs and cultural backgrounds are incorporated into the planning and delivery of care.
- 2) Information Sharing. Health care practitioners communicate and share complete an unbiased information with patients and families in ways that are affirming and useful. Patients and families receive timely, complete and accurate information in order to effectively participate in care and decision-making.
- 3) **Participation.** Patients and families are encouraged and supported in participating in care and decision-making at the level they choose.
- 4) Collaboration. Patients, families, health care practitioners, and health care leaders collaborate in policy and program development, implementation and evaluation; in facility design; and in professional education, as well as in the delivery of care.

RESOURCES - PEOPLE AND FINANCIAL

• Patient and Family Advisory Council Sponsor

- O Should be a leader of the organization.
- o Helps to motivate and guide the PFAC effort.
- o Advocates to educate staff/leadership about the advisory council.
- O Helps to recruit staff, patients and families to roles in the planning committee, steering committee and council.
- o Attends weekly planning committee meetings.
- Attends monthly PFAC meetings.

■ Time commitment:

- Preparation/Planning Phase 3 hours a week for 4 6 weeks;
- On-going support 4 hours per month.

• Patient and Family Advisory Council Liaison

- O Works closely with the sponsor to develop the plan and timeline to initiate the PFAC and get the 'right' people on the steering committee and planning committee.
- o Attends Facilitation Skills for Leaders offered by BJC Learning Institute.
- o Coordinates the distribution of research.
- o Provides a readiness assessment to staff.
- O Creates a business case/charter for the formation of the planning committee and PFAC.
- O Leads the planning committee meetings; establishes expected outcomes for each meeting.
- o Facilitates the steering committee meetings.
- Coordinates the recruitment, interview, selection and orientation process for PFAC members.
- O Assist the co-chairs of the PFAC in planning and facilitation of the monthly meetings.

■ <u>Time commitment</u>:

- Preparation Phase 7-8 hours per week for 4 weeks;
- Planning phase -8 10 hours per week for 8 weeks;
- On-going support 2-3 hours per week.

• Steering Committee Members (composed of leaders and change managers of the organization)

- O Provide guidance and review recommendations from the planning committee and the PFAC.
- Attend scheduled steering committee meetings.

■ <u>Time commitment</u>:

- Preparation/Planning Phase- 3 monthly meetings for 90 minutes.
- On-going support quarterly meetings for 90 minutes

• Planning Committee Members (composed of 4-5 front-line staff and 4-5 patients/family members)

- O Assist with the development of the structure for the PFAC (membership, frequency of meetings, length of meetings).
- Create a brochure for the PFAC to be used during the recruitment process and for acceptance planning.
- o Construct a mission statement, vision statement, goals and bylaws for the PFAC.

■ <u>Time commitment</u>:

• Planning Phase only - 6-8 weekly meetings for 2 hours each including some homework between meetings.

Patient and Family Advisory Council Members

- Opportunities could include but are not limited to:
 - Develop patient and family education and communication materials.
 - Generate new program ideas to benefit patients, family members and caregivers.
 - Enhance ongoing collaboration and cooperation among clinicians, patients and families.
 - Participate in the development and planning of patient and family. satisfaction initiatives, new facilities and facility renovation.
 - Promote awareness of opportunities and key resources that will help patients and family members navigate through the system.

■ <u>Time commitment</u>:

• Monthly meeting for 2 hours. Could include additional responsibilities such as participation in hospital committee meetings, PFAC task group meetings, or research.

• Patient and Family Advisory Council Assistant

- o Coordinates the meeting rooms.
- Orders food for meetings.
- o Sends correspondence (i.e. agenda, meeting minutes, etc.)

■ Time commitment:

- Planning Phase 5 hours per week
- Initiate Phase 1-2 hour per week

Neutral Facilitator

- o Helpful for the pre-planning/planning phase of the PFAC process.
- Assists with guiding group and meeting desired outcomes for each meeting.
- O Consider recruiting Skunks Team member, or other resource with proven facilitation skills.

Sample Budget for Patient and Family Advisory Council

Staff Time:

PFAC coordinator Planning and Initiate Phase – 8-10 hours/week

(\$ ____ x 10 hours x 12 weeks = ___)
2-3 hours a week for on-going PFAC

Assistant 1-2 hours a week

Non-exempt staff 2-3 hours per week for Planning and Initiate Phase

3 hours per month for on-going PFAC

Expenses:

Meals for 22 people attending 9 meetings 2,600.00

@ 12.95 per person (planning committee)

Meals for 22 people attending 12 meetings 3,500.00

@ 12.95 per person (PFAC meetings)

Office supplies (PFAC manuals), copies for, 2,500.00

presentations/agendas, flip charts, educational materials about advisory councils, printing for

PFAC brochures

Gifts for patient/family members 500.00

Conferences (one each year) 5,000.00

1 council member with PFAC coordinator

@ 2,500 each

Institute for Family Center Care or Institute for Healthcare Improvement

Partnering with patients and families to improve care Priceless!!!

Total \$14,000.00

Sample PFAC Organizational Structure

Senior Leadership

PFAC Steering Committee

President or VP, Service Line Director(s), Volunteer Services Rep, Patient Advocate, Department Manager, Physician, PFAC Liaison

PFAC Planning Committee

Patient/Family Representatives (4-6 members)
Front Line Staff (4-6 members)
Department Manager/Director
PFAC Liaison

Patient and Family Advisory Council (PFAC)

Front Line Staff
Patient and Family Members
Senior Leadership (VP or President)
Service Area Director
Physician Representation

Monthly Timeline									
Task Name		Month 2		Month 4	Month 5	Month 6	Month 7	Month 8	
Administration\Director Approval									
PFAC Coordinator\\Liason Appointed									
Conduct Pre-Planning Meetings									
Define Steering Committee									
Hold Initial Steering Committee Meeting with Approval for									
Planning Committee									
Define Planning Committee									
Goal									
Recruitment Procedure									
Interview Patients Families									
Select Staff									
Set Up Meetings									
Site Visit to Current PFAC Meeting									
Planning Committee Created									
Hold Initial Planning Meeting									
Define PFAC Structure									
Vision and Mission									
Guidelines Goals									
Retention Policy									
Steering Committee Approval to Move Forward									
Recruit/Interview PFAC members									
Education\Communication									
Develop education\communication plan									
Patients\Families									
Staff									
Physicians									
Initiate Plan									
Hold First PFAC Meeting	 					1			
HOW FIRST FFAC WEETING						1			
Key:									
Projected Plan									
Task Ongoing									
Task Complete						1			

PRE-PLANNING FOR THE PATIENT AND FAMILY ADVISORY COUNCIL

STEP 1. Obtain Hospital Leadership Support/Select a Sponsor

The first steps to creating a Patient and Family Advisory Council can be the hardest and the most important. A critical factor to the success of the council is to have leadership support the principles of partnering with patients and families. Leadership must be engaged in the promotion of the PFAC and must set the vision for the team. Leadership can have different titles/roles depending on the organizational structure. At minimum you need support from:

- Department supervisor and or managers.
- Hospital director and/or VP.
- Hospital president.
- Physician leadership(formal and informal physician leaders).

STEP 2. Form a Steering Committee

During the development of the PFAC, it is necessary to get input and buy-in from key stakeholders. The process of change indicates that key stakeholders need to be involved in the formation of the PFAC concept and plan. This tool kit suggests that a steering committee of stakeholders be formed to help develop the concept of partnering with patients and families and then spread these thoughts to other staff. These stakeholders should include but not be limited to leadership over direct care areas, physicians, and front-line staff who are influencers over peers. Some qualities these stakeholders should possess are openness to change and expression of value in engaging patients and families in treatment decisions.

The role of the steering committee will be to guide you during the PFAC planning process and during the initiation of the PFAC. The role of the steering committee is not to give approval, but to brainstorm ways to overcome barriers and capitalize on positive aspects of the PFAC.

A stakeholder is any person or group that is:

- Likely to be affected, positively or negatively, by the activities of the PFAC.
- In a position to assist or block achievement of the outcomes.
- An expert or has special resources that could greatly affect the quality of the end product/service.
- A "thought-leader" with significant organizational influence.

STEP 3. Select a Coordinator/Liaison

It is imperative to select a coordinator who can promote the value of patient and family-centered care. Characteristics of an ideal coordinator are:

- Passion for patient and family-centered care.
- Available time for PFAC activities.
- Decision-maker who is respected among peers.
- Possesses excellent communication and facilitation skills.
- Knowledge of the operational and clinical areas of services provided.
- Motivator.

STEP 4. Conduct Research

Prior to starting a PFAC, it is helpful to gather information from other healthcare organizations about lessons learned and benefits of this partnership. Site visits or conference calls can provide insight into potential opportunities and pitfalls. Within the BJC system, there are many opportunities to learn from peers who have initiated advisory councils. Throughout the county, more and more hospitals have seen the benefit of working with patients and families through advisory councils; they are open to sharing their experiences. The attached appendix has a listing of contact names within and outside of BJC. In addition, there are informational websites and articles for review. It is highly recommended that everyone view the 13-minute video on patient and family-centered care produced by *The American Hospital Association*.

STEP 5. Perform Readiness Assessment

This readiness assessment is helpful in understanding the magnitude of change required to prepare staff for this partnership with patient and families. A variety of tools and techniques can be used to assess for readiness. The team could meet to do a threat/opportunity matrix, situation appraisal, or potential opportunity analysis. Another approach would be to conduct staff surveys, a stakeholder analysis, or talk about creating the PFAC at a staff meeting to gauge the level of support. It is important to understand and review possible barriers to introducing a PFAC and brainstorm ways to minimize these barriers. The tab following this section includes information about the tools listed above. Each service area will need to determine the tool set that will best fit their needs.

STEP 6. Create a Business Case or Charter

Organizations should be clear about why they are starting a PFAC. One way to summarize the reasons is to complete a business case or charter. A business case is a justification for adopting a change. Usually business cases document how the change will reduce costs, increase revenue, and address business or strategic advantages. This "template" can be difficult to complete when talking about creating a partnership with our patients and families. Some questions to think about when forming your business case are:

- 1. How could the PFAC further your organization\department's goals?
- 2. What are the potential benefits?
- 3. What are the potential costs?
- 4. What are the direct and indirect effects that a PFAC will have on the organization?
- 5. What are the risks?
- 6. How will we measure the impact of the PFAC?

A charter can be also be used instead of a business case to justify the need for an advisory council. Use of a charter can help to define and clarify the organization's vision for partnering with patients/families through an advisory council model. The charter is a one page document that includes the following components:

- An opportunity/problem statement.
- Scope.
- Goals.
- Estimated benefits.
- Timeline with a start date for the first PFAC meeting.
- Listing of planning committee team members.

PRE-PLANNING PHASE: LESSONS LEARNED

- Engage stakeholders early in the process.
- Clearly define the role of the PFAC.
- Find a physician champion to articulate the need for the advisory council.
- Select a coordinator with an understanding of the role of the council and a strong passion for patient and family-centered care.
- Be prepared to explain how the council will provide improvements and how success will be measured.

Pre-Planning Checklist

Activity	Owner	Target Date	Completion Date
Determine leader who will ensure the initiation and continued success of the PFAC.			
Form a steering committee composed of leadership, physicians and front-line staff.			
Select a coordinator/liaison for the PFAC.			
Identify key stakeholders.			
Conduct research on patient and family advisory councils and patient and family-centered care. Gather and distribute informational articles about			
PFAC.			
Create a Business Case/Charter for PFAC.			
Contact peers who have been involved in creating a PFAC (see contact list in Resources).			
Select patients, families and staff to be part of the planning committee (utilize current hospital volunteers, ask for names of potential candidates from staff).			
Recuit patients, families and staff for the planning committee, inform them of dates/times of meeting.			
Perform readiness assessment with hospital staff.			
Recruit members for steering committee and meet at least 1 time with steering committee during preplanning phase.			
Obtain commitment of funds for supplies, copying, manuals and refreshments for meetings.			
Obtain a commitment for meeting space for weekly planning committee meetings.			
Start recruitment of patients and families to the PFAC.			
Prepare for acceptance planning.			

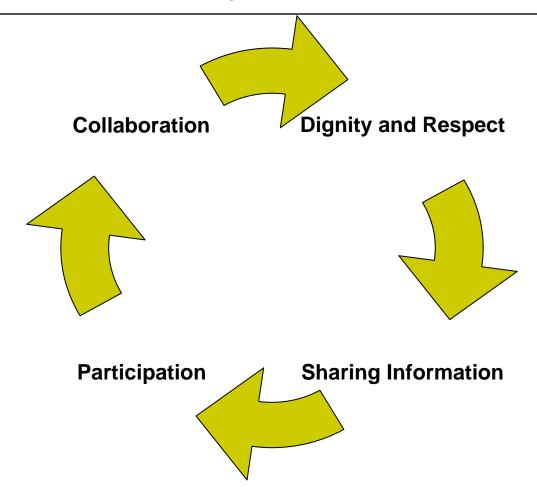
Patient and Family Advisory Council Barnes-Jewish St. Peters Hospital

What is a Patient and Family Advisory Council?

Direct Link to Relationship Based Care

- □ Patient and family an equal part of the care giving team.
- □ No current way to obtain on-going feedback from our partners.
- □ The Patient and Family Advisory Council will fill this gap.

Guiding Principles Patient and Family Centered-Care



The provision of care is not the same as the experience of the illness-both perspectives are needed.

Patients and families are part of their care and we as caregivers are part of their experience

Patient and Family-Centered Care

The Institute of Medicine's 2001 report, <u>Crossing the Quality</u> <u>Chasm: A New Health System for the 21st Century</u>, called for health care systems that:

- □ Respect patients' values, preferences and expressed needs to be involved in their care
- □ Provide the information, communication, and education that people need and want
- □ Guarantee physical comfort, emotional support, and the involvement of family and friends
- □ Provide transformational change in healthcare

What is a Patient and Family Advisory Council?

- Comprised of patients, families, clinicians, staff and administrators
- □ Serves as a voice for patients and family members
- Works together to deliver the highest quality care possible for our patients
- □ Provides shared expertise!

Council Structure

- Composition should reflect their constituencies
 - Size: 8 25 members
- □ Staff participation
 - 2 to 3 or more patients/family members to 1 staff
 - Include executive leadership
 - Other staff encouraged periodically to attend as guests
- □ Established terms of membership
- □ Staff liaison
- □ Chair or co-chairs
 - Establish agenda in conjunction with staff liaison

Embracing Change

- □ Involves a cultural shift
- Hearing about expectations of patients and families
- □ Listening to stories of patients and families
- Altering expectations of healthcare professionals
- Becoming comfortable with uncertainty
- □ Honoring each other's expertise
- □ Understanding . . . Then bridging the gap

Patient and Family Advisory Councils Make Sense!

- □ Patient satisfaction surveys can provide retrospective feedback
- □ Need is for real time, ongoing patient and family feedback into organizational initiatives
- More than just a snapshot!
- □ BJC community hospitals are pioneers in the St. Louis metro area

The Voice of the Patient and Family Member Can Make a Difference

- □ Increase patient satisfactions scores
- □ Improve safety and quality
- □ Prevent malpractice and litigation
- □ Reduce costs by streamlining care
- □ Improve the experience for patients and family members
- □ Increase work satisfaction for staff and physicians

Patient and Family Advisory Councils Exist Today

- □ Providence Regional Medical Center
 - Inpatient Advisory Council
 - □ Everett, Washington
- □ Dana Farber Cancer Institute
 - Cancer Care Advisory Council
 - □ Boston, Massachusetts
- Massachusetts General Cancer Center
 - Cancer Care Advisory Council
 - Cardiac Advisory Council
 - □ Boston, Massachusetts
- □ Many more . . . just google

BJC Advisory Councils:

- □ St. Louis Children's Hospital
 - Inpatient Family Advisory Councils
 - Involvement in unit based teams
- □ Missouri Baptist Medical Center
 - Cancer and Infusion Center
 - Inpatient Patient and Family Advisory Council
- □ Christian Hospital
 - Cancer Care Center
- Barnes Jewish St. Peters Hospital
 - Siteman Cancer Center
 - Inpatient Patient and Family Advisory Council
- □ Parkland Health Center
 - Preparation for Inpatient Patient and Family Advisory Council
 - Preparation for Oncology Patient and Family Advisory Council

BJSPH Steps to PFAC

- 1. Present PFAC project to leadership.
- 2. Find owner for PFAC
- 3. Form Steering Committee
- 4. Form Planning Committee
- 5. Hold Planning Committee meetings x8
- 6. Present final proposal to leadership

Create Patient and Family Advisory Council

Proposed Timeline



Budgeted Expenses

- □ Staff Resources
 - PFAC Coordinator .5 FTE during planning phase
 - Clerical Support -
 - Front-line staff 2-3 hours per month
- □ Marketing support
 - Brochures/printing
- □ Orientation
 - TB testing/Flu shot
- □ Meals
- Office supplies
 - Manuals, education materials, flip charts, copies
- ☐ Gifts for Planning Committee Members
- □ Attachment sample budget

What Do We Need From the Steering Committee:

- Approval to move forward
- Become a champion for the PFAC
- Commitment to transparency and openness
- □ Assistance to break down barriers
- Resource allocation (coordinator, leadership, front-line staff, clerical support, financial)
- □ Referrals of patients/families to PFAC

Goals of the Planning Committee

- □ Learn about PFAC and Relationship Based Care concepts
- Define the goals, mission, responsibilities and expectations of the Patient and Family Advisory Council
- □ Identify the structure of the council
 - Number of members
 - Length of terms
 - Application process
 - Length and frequency of meetings

Members of Planning Committee

- □ Patient and Families
 - Barb and John Giblin
 - Charlene Aslinger
 - JD Price
 - Dororthy Brown
 - Mary Huesing
- \Box Staff
 - Angie Hendricks
 - Marie Stiffler/Deanna Vollmar
 - North staff person/Karen Sy
- □ Administration
 - David Ross?

Critical Success Factors/Lessons Learned

- □ Critical Success Factors
 - Choosing the right patients, staff and family members
 - Ongoing leadership commitment
 - PFAC is perceived as credible and viable
 - Staff engagement

Lessons Learned

- Need the engagement of leadership and physicians
- Clearly define the role of the PFAC
- Select a coordinator with an understanding of patient and family-centered care
- Be prepared to explain how success is measured

Potential Challenges

- □ Lack of commitment from staff, patients, families, leadership.
- □ Fear that patient's and families' suggestions will be unreasonable.
- □ Lack of a guiding vision.
- □ Scarce fiscal resources and competing priorities.
- □ Tendency to implement a top-down approach to initiating partnerships with patients and families.

Next Steps

- □ Obtain feedback from Steering Committee
- □ Obtain approval to move forward
- Start planning committee meetings
- □ Provide resources to planning committee

PLANNING FOR THE PATIENT AND FAMILY ADVISORY COUNCIL

STEP 1. Form a PFAC Planning Committee

Once leadership approval is obtained, the planning begins. A planning committee is formed with a goal of creating the foundation\structure of your actual PFAC. This planning committee is comprised of staff, patients and families. Chose members of the PFAC Planning Committee wisely! This is a critical success factor for overall success of your PFAC. Steps to planning committee creation follow:

- A. Create a communication plan for your planning committee. This includes a packet of information used for recruitment purposes. Includes goals of the planning committee, definition and role of a PFAC, responsibilities of a planning committee member., etc.
- B. Create planning committee binders
- C. Recruit planning committee members
 - a. Referrals from staff or physicians
 - b. Suggested members include:
 - i. PFAC c; front line staff, physician, manager
 - ii. Five to six patients or family members (representing different diagnoses, a diverse cross section of your patient population).This is a critical piece. Do not rush through your patient\family selection!
 - iii. Characteristics of planning committee members: positive approach, ability to share information in a group, good listening skills; non-judgmental, ability to work with people whose backgrounds are different from their own
- D. Begin planning committee meetings (8 weeks)

STEP 2. Start Recruitment of Patients and Families to the Advisory Council

The membership of the council is critical to the success of building a partnership between the providers and the patients/families. You will want to take time to recruit members for the council, seeking patients and families who represent a variety of clinical experiences such as type of illness, and program utilized. Include patients and families who have both positive as well as negative perceptions of experiences. Strive for patients and family members to be the majority of the committee's membership.

Seek patients and families who reflect the diversity of those served by the hospital service line (consider racial, cultural, religious, socioeconomic, age, educational background, etc).

All potential candidates will need to complete an application and be interviewed by select members of the planning committee (see attached sections for examples of applications and interview questions).

Seek individuals with the following qualities:

- Ability to share insights and information about their experiences in ways that others can learn.
- Sees beyond their own personal experiences.
- Shows concern for more than one issue or agenda.
- Demonstrates good listening skills.
- Respects the perspective of others.

- Speaks honestly, comfortably in a group.
- Interacts well with many different types of people.
- Works in partnership with others.
- Ability to share their story in a meaningful way.

Suggestions for recruitment:

- Ask staff and physicians for suggestions.
- Consider patients and families from the planning committee.
- Contact patient or family networks, support groups, or advocacy organizations.
- Place a story in the community newspaper and hospital publications.
- Post information about the advisory council on the hospital's website.
- Ask other patients and families who are already involved if they have a friend who might be interested in participating.
- Ask community and church leaders.
- Distribute PFAC brochures to key areas (waiting rooms, physician offices, patient care unit).

STEP 3. PFAC Orientation

When members join a council, they should receive a thorough orientation, not only to the purpose and work of the council, but also to the "culture" of the organization and the responsibilities of their new role. The advisory council members will be part of the volunteer services of the hospital and will need to be oriented in their role as a hospital volunteer (not necessary for staff members). They will also need to get a background check, flu shot and TB testing. Coordination between the PFAC liaison and volunteer service needs to occur so that the PFAC member meets the orientation requirements as a hospital volunteer

Orientation should include:

- Introductions and the sharing of personal and family stories.
- The vision and goals of the organization and the council.
- Their role as a volunteer.
- Review of hospital service/safety standards.
- The role of the council, how it fits within the organization's structure.
- The roles and responsibilities of members.
- HIPAA and expectations for honoring privacy and confidentiality.
- Review of bylaws.
- The roles and responsibilities of staff on the council.
- How to be an effective council member.
- How to present issues effectively.
- How to be effective in collaborating together.

PLANNING PHASE: LESSONS LEARNED

- Continue to keep council visible. Discuss role of council in department meetings and leadership meetings in order to build a strong foundation.
- Involve clinicians in laying the groundwork for the PFAC by having them nominate potential members.
- Continue to work on the communication plan regarding the start-up of the PFAC.
- Start early with recruitment of PFAC patient and family members to give yourself enough time to find the people with the passion and experience.
- Work closely with volunteer services to organize orientation for the PFAC members.

Planning Checklist

Activity	Owner	Target Date	Completion Date
Organize planning committee binders - Include agenda, contact info, articles, websites, presentations, timeline, dates/time of meetings.			
Send welcome letter to planning committee members.			
Convine planning committee meetings - Conceptualize structure of PFAC.			
Create a communicationplan to gain buy-in for the PFAC concept.			
Contact Volunteer Services to help coordinate orientation of PFAC members.			
Planning C	ommittee Task	S	
Review stakeholder analysis.			
Create PFAC brochure.			
Develop mission, vision and goals for PFAC.			
Review and adjust bylaws.			
Brainstorm ideas for metrics.			
Review information gathered from readiness assessment.			
Provide guidance on recruitment and interview process.			
Assist in creating education plan for staff regarding role of PFAC.			
Create PFAC patient/family letter and application.			
Continue with Recruitment of patients and families to the PFAC.			
Prepare for celebration at last meeting. May want to take pictures throughout the process. Purchase gift for participants.			

Planning Committee Meetings - weekly 2 hour meeting

Suggested Agendas

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
Welcome and	Guest speaker	Patient Journey	Vision and	Define Goals	Review Steering	Define recruitment	Review outstanding to
introductions	from existing	Exercise(defines	Mission	and Resp	Committee	and interview process	do's
	PFAC	potential scope)	Statement		meeting	_	
Review PFAC			Creation	Review		Ideas for educational	Present final PFAC
concepts	Develop	Review Stakeholder		Readiness	Review	plan for staff	proposal
	operating	Analysis/add new	Brainstorm ideas	Assessment	bylaws/structure		
Goals of planning	agreement	stakeholders	for goals and			Complete PFAC	Invite leadership for
committee			metrics	Prep for		brochure	celebration
	Review	SEE Hear Feel		Steering			
View family-	org\department	Exercise for vision	Begin creating	Committee			
centered video	structure		PFAC brochure	Presentation			
		Define Vision					
Review timeline	Define patient	Statements	Review				
and schedule	population		homework*				
		Assign homework*					

* Homework:

- Planning committee members email sample vision statements to liaison
- Patients and families start working on short bio an answer question, "what is the value of a PFAC?"



PFAC STEERING COMMITTEE COMMUNICATION

Recommend touching base with your steering committee three times during the planning stages of PFAC journey .

- 1. Prior to beginning the planning meetings.
- 2. Midway through the planning committee phase (can do this via email).
- 3. After planning committee finalizes the PFAC proposal.

The role of the steering committee should be re-evaluated after the PFAC proposal is finalized.

Helping behaviors

Clarifying
Linking & harmonizing
I nitiating
Keeping people's "gates" open
Summarizing

Patient and Family Advisory Council Planning Committee

Date: June 25, 2009 Time: 5:30 - 7:30 PM

Location: Healthwise POB 1, First Floor

Hindering behaviors

Blocking Rambling Attacking

Taking over the discussion
Silence – not participating

Purpose: To begin developing relationships with each other and understand the function of the Patient and Family Advisory Council (PFAC) Planning Committee.

Desired Outcomes: By the end of this meeting, we will:

- Meet and learn about each other.
- Gain knowledge of Patient and Family Advisory Councils.
- Understand your role on the PFAC Planning Committee.

Topic / Content	Deliverables /Desired Outcome	Materials / Tools, Process	Time
Welcome and Introductions BJSPH President - David Ross	Meet each other	Karen - verbal	5:30 - 5:45 pm 15 mins
Mission Moment			
Overview of Patient and Family Advisory Councils	Gain information about Advisory Councils/roles of Planning Committee members	Laurie – Handout and presentation	5:45 - 6:00 pm 15 mins
Remaking of American Medicine Hand in Hand	Gain information about Advisory Councils	Karen/Laurie – Video	6:00 - 7:15 pm 75 mins
Timeline and Meeting Schedule	Review timeline Dates and times of future meetings	Karen - Planning Committee Manual	7:15 - 7:25 pm 10 mins
Questions and Comments	Answer outstanding concerns	Karen/Laurie	7:25 - 7:30 5 mins
Next Steps: • Read articles in manual • Research information on Patient and Family Advisory Councils • Next Planning Committee Meeting July 2			

Planning Committee-Patient and Family Advisory Council Barnes Jewish St. Peters Hospital

Welcome!

The provision of care is not the same as the experience of the illness-both perspectives are needed

Patients and families are part of their care and we as caregivers are part of their experience

Taken from Calgary Health Region Presentation- IHI 2007



What is a Patient and Family Advisory Council?

- Comprised of patients, families, clinicians, staff and administrators
- Serves as a voice for patients and family members
- Work alongside nurses, doctors and other staff to deliver the highest quality care possible for our patients
- Shared expertise!

What is a Patient and Family Advisory Council?

Purpose –

To serve as a formal mechanism for involving patients, family and staff as partners for policy and program decision making in healthcare settings.

Different Types of Councils

- Composition:
 - Patient and family
 - Parent and family
 - Adolescent and/or children
- Group varies in size, form, structure and name

Council Structure

- Composition should reflect their constituencies
 - □ Size: 8 20 members
- Staff participation
 - 2 to 3 or more patients/family members to 1 staff
 - Include executive leadership
 - Other staff encouraged periodically to attend as guests
- Terms of membership
- Staff liaison that's Karen!
- Chair or co-chairs
 - Establish agenda in conjunction with staff liaison

Dana-Farber and Massachusetts General PFAC 2007 Initiatives

- Dana-Farber
 - Patient guide redesign
 - Participation in major design and construction project
 - Side by Side newsletter
- Massachusetts General
 - Developed program for cancer survivors
 - Assisted with the production of educational videos
 - Participate in the monthly orientation of all new staff

Patient and Family Advisory Councils Exist Today!

- Dana Farber Cancer Institute
- Massachusetts General Cancer Center
- H. Lee Moffitt Cancer Center and Research Institute
- Calgary Health Region
- University Rochester Medical Center
- Cincinnati Children's Hospital

BJC Advisory Councils:

St. Louis Children's Hospital

- Inpatient Family Advisory Councils
- Involvement in unit based teams

Missouri Baptist Medical Center

- Cancer and Infusion Center
- Inpatient Patient and Family Advisory Council

Christian Hospital

Cancer Care Center

Barnes Jewish St. Peters Hospital

- Siteman Cancer Center
- Inpatient Patient and Family Advisory Council

Parkland Health Center

- Preparation for Inpatient Patient and Family Advisory Council
- Preparation for Oncology Patient and Family Advisory Council

Patient and Family Advisory Council – Why?

- Institute of Medicine 2001 report Crossing the Quality Chasm
 - Transformational change in healthcare
 - Need to establish new partnerships with patients and families
 - Recommended that patients and families be more involved in decisions about their health care
- Move towards patient and family centered care model

Patient and Family Centered Care-Principles

Communication	Respectful Relationships	Collaboration
 Listen to patients\families Sharing information Meaningful dialogue between patient, families and healthcare providers 	 Based on compassion, dignity and trust Honor patient and family perspectives and choices 	 Staff, patients and families form an alliance Mutually beneficial partnerships are created between staff and patients and families

"The voice of the patient is dominant here. One patient doesn't speak for all patients so it is important to bring together as many people as you can. The patients and families are who we check with on everything we do."

Quote from Jim Stam

Dana-Farber PFAC Co-chair

Patient and Family Advisory Council Makes Sense!

- Patient satisfaction surveys can provide retrospective feedback
- Need is for real time, ongoing patient and family feedback into organizational initiatives
- More than just a snapshot!
- Patient and Family Advisory Council will allow us to achieve this.....

Goals of the Planning Committee

- Define the goals, mission, responsibilities and expectations of the Patient and Family Advisory Council
- Define the structure of the council
 - Number of members
 - Length of terms; application process

Planning Committee

- Proposed Patient and Family Advisory Council structure will be presented to:
 - Executive Team
 - Steering Committee
- Discuss feedback
- Council structure approved
- Goal for first Council meeting in October 2009

Thank you for your participation as we partner together to improve healthcare!

Let's Dance!!



Table 1 Patient/Family Member Journey Exercise – Lists entities/people came in contact with during journey and begins to include Even Better Ifs (EBIs)							
ED	Direct Admit	Admission(transfer to unit)	Treatment/Care	Discharge	Follow up		
Personnel	Personnel	Personnel	Personnel	Personnel	Personnel		
1. Triage Nurse	1. Registration	No additions from	1. Lab	1. Doctor	1. Caregivers		
2. Emergency Nurse	2. Nurse	previous list	2. Housekeeping	2. Nurse	2. Home Health		
3. Emergency Doctor	3. Lab		3. Coumadin Clinic	3. Case coordinator	3. Follow up from Floor		
4. EKG Technician		<u>Pluses</u>	4. Food Services	4. Social Service	4. Patient Advocate		
5. Lab Technician	<u>Pluses</u>	1. Communicate with	5. Nurse	5. Home Health Care	5. Physical Therapy		
6. X-Ray Technician	Staff was pleasant	doctor	6. Nurse techs	6. Patient care tech	6. Nurse		
7. Registration		2. Told about admission	7. Doctors		7. Physician		
8. Security		3. Relief of being	8. Radiology	<u>Pluses</u>	8. Surveyor Call		
9. Respiratory		admitted	9. Respiratory	1. Patient education	Pluses		
10. Cardiac Cath Lab	<u>EBI</u>	4. Family likes to know	10. CardioPulm	sheets on discharge	1. Extraordinary Care		
Pluses	Treatment was late and	what is going on	11. EKG techs	papers	from Cardiologist		
1. Quick Response	slow	5. Family like questions	12. Pastoral care	2. Helped with	2. Doctors answered		
2. Staff thorough		answered	13. Volunteers	discomfort to take	questions and took		
3. Took patient first			14. Cookie lady	MRI	time to listen		
and then did		<u>EBI</u>	15. Hospital		3. Treats patient with		
registration		No handoffs in front of	operators	EBI	respect		
4. Family felt		me	16. Endoscopy	1. Med list had wrong	4. Follow Up doctor		
welcomed			Pluses	meds listed on it	appointment made in		
5. Staff listened to			1. Pleasant	2. Waiting on a	the hospital		
family			2. Housekeeping	wheelchair	5. (To follow up Call)-		
6. Family/Patient felt			helped with	3. MRIs scary	Timing of call was		
reassured of care			channel	4. Multiple doctors	perfect		
7. Staff gave updates			information	needed to discharge	6. (To follow Up Call) –		
8. Staff attentative			3. Nurse treated	a patient	Surveyor made sure		
9. New registration			family good	5. Staff relay to patient	patient received same		
process only takes			4. Staff got in touch	how long it will take	home health worker		
3 minutes to			with patients	to discharge	7. Thank you Cards		
register patient			church	6. Wheel chair ready	<u>EBI</u>		
<u>EBI</u>			5. Patients being	but not able to get	1. If patient could receive		
1. Phone calls at 1:00			sung to	discharged	a gift from the hospital-		
am-Scary			6. Paintings in	7. Don't discharge	DePaul Hospital gave		
2. Long wait in			Radiology	people after	personalized lap		
Emergency			7. Staff helpful and	midnight	blanket to patients.		
3. No beds on floor			kept		2. Be consistent of follow-		
4. Need to ask if			communications		up call - timing		

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		1		Т	T
	family is coming			open	
5.	Staff taking too		<u>EB</u>	<u>I</u>	
	long to register		1.	Have more than	
	patient			one surgeon who	
6.	Staff (Volunteer)			can do surgery	
	not knowing how		2.		
	to use the			take bedside	
	computer			manner classes	
	•		3.		
				of Dr behavior	
				and did nothing	
			4.	_	
				who they can call	
				when problems	
				arise	
			5.	Food service in a	
				rush	
			6.	Don't always get	
				what you	
				ordered for a	
				meal	
			7.		
				lights on during	
				the night	
			8.	No newspaper	

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Table 1. Cancer Patient/Family	Member Journey Exercise -	- Lists entities/people came in	contact with during journey	and begins to include
Even Better Ifs (EBIs)				

Pre Diagnosis	Diagnosis	Treatment Planning	Treatment	Remission/Follow Up	Palliative/Supportive
	Č	Ü			
Mammogram	Doctors Opening Number	Getting a porta-cath	Rad Oncology	Doctors	Hospice
Echo cardiogram Diagnostic Mamm	Oncology Nurse Receptionist at office	Cocktail mix	Doctor's Offices	Labs	Spiritual
Ultrasound (internal)	Triage Nurse (Dr. office)	Radiation marking Blood (drawn for self)	OP Infusion	Diagnostic testing	Home care
	Lab results	Nutrition (diet consult)	4 th Floor Inpatient	Rad Oncology	Message therapy
Primary Care Physician	Xrays results	Clinical Trial	Surgery (portacath	Maintenance meds	Durable med equipment
Surgeon Breast MRI (MRI)	Pharmacy	Labs	or tumor removal	Resources to help with	Pharmacy
Oncologist	Surgery	Treatment Planning CT –	Lab	bills	Doctors
Biopsy	Inpatient Stay	for Radiation	Shot to build blood	Pharmacy	Advance Directive
Spinal Tap	PET Scan	Xrays	counts	Community Organizations	Power of Attorney
Urologist	Out patient Services	Insurance	Coordination of	Dry skin	Review of financial affairs
Bone Scan	BJ – testing at Siteman	Social Worker	Care	Returning to work	Last rights
Lab Work - Pathology	Phlebotomist in office		Radiology	E.R.	Social services
Chest X-ray	Financial Person	Pluses	Pharmacy	Late effects of treatment	Friends and family
CT Scan	Education	Surgeon/Hematologist/	Diagnostic testing	Pluses	Education – end of life care
PET Scan	Nurses in back of office	Rad Oncologist worked	Dealing with bills	Celebrate getting thru	Financial – Wills
Screening – annual PSA	Confusion with layout of	together to determine	Checking out other	treatment	Supportive care for family
Community Screening	Doctor office	treatment Tumor Board	sources of	EBI	Pluses
Colonoscopy	Financial Planning	Clinical Desktop	funding	Knowing side effects of	Streamlined so family didn't
Pathology	Pluses	MD's & RN's – you felt	Durable medical	medicines and choices	have to arrange
MRI	Doctor taking time to	like you knew them	equipment	ACTION – some to	EBI
Spiritual help (thru all	answer questions	when you arrived	Cancer resource ctr	explain all	Facilitate advance directive
processes)	Physician calling patient at	Communication between	Social worker	ramifications of all	ACTION – help pts create
Internal ultrasound	home to check status	office – coordination of	Home treatments	meds and procedures	one if they don't have
Search intranet	Felt protected by doctor	care	Home health	meds and procedures	one one
<u>Pluses</u>	because of	EBI	Insurance	Support after treatment –	one
Appt. to surgeon made	communication between	If cocktail mix explained	E.R.	not left to worry no one	Pre-arranged funeral plans
from Dr. office	physicians	better –why/what	Pluses	is watching for cancer	and discussions
PCP called to talk about	Liked white board for	ACTION – explain each	Nurses, techs,	ACTION – determine	ACTION – delicate matter,
diagnosis	information on staff	drug used and why it's	receptionists –	what things are needed	we should talk to
"When you phone this	Financial People Guided	being used	interaction	to make pt feel	counselors to determine
office you will talk to	them	being used	showed they	comfortable	how to approach this
"	EBI	Dr. would explain to family	cared	Connortable	now to approach this
EBI	Needed a better	and not just expect them		Mi	W in a sharet account of
Communication between	understanding of staging	to trust he knows what	E.R. triage	Marriage counseling	Warning about scams after pt
Drs.	of the disease	to do	EBT	Grief counseling for family	dies
ACTION – Get a list of	ACTION – confer with	ACTION – doctors to work	Test results	including children	ACTION – research and
patient's other	doctors to get an	on beside manner	immediately	ACTION – determine if	create document for pt
doctors	understanding of the		ACTION – talk to	counseling is needed	
ACTION – Give list to	stages of cancer	Rad Onc was in Cancer	all involved to	and if pt wants it.	Protection of assets
cancer dr and have		Center location	speed up process	ACTION – have processes	ACTION – talk with
him/her communicate	Confusion with layout of	ACTION – is it possible to		in place to facilitate	lawyers as to how to best
mini non communicate			1		1 62

test results, treatment,	doctor's office	relocate?	Nurse Navigator to	procedures	approach
etc to other doctors	ACTION – streamline		help get patients	F	T F
	office	If "why" questions would	for mentoring		Continued contact from
Need questions to be		have be answered	ACTION – see if		PFAC mentor to family
answered (how much	Nurses don't intro self	ACTION – can doctors take	she will help us		Sympathy cards
would you like to	ACTION – make nurses	more time with patients	- meet to set up		ACTION – this is a part of a
know	aware of patient's need	when necessary	processes		previous EBI about
ACTION – ask patients	to be familiar with care		processes		caring after the patient is
if they have any	givers	Results of x-rays were	Pts knew cancer		cured or deceased – never
questions		available before Mon. if	resource ctr was		leave the patient or
ACTION – get answers	Support for family members	done prior to weekend	there		family hanging
for patients	ACTION – Compassion	ACTION – make results	ACTION -		Tanniy nanging
	from nurses and doctors	more timely	advertise, make		More info about what to
Appt. to be made for the	ACTION – Ensure patients		it part of the		expect on end of life
patient	and families feel the	Could have talked with	-		ACTION – consult with
ACTION – determine	comfort from all care	social worker prior to	mentoring		those who have 'been
what appointments	givers	treatment	process		there' or the people from
need to be made, who	II. d	ACTION – facilitate	Wigs for men		
will make them, and notify the patient	Understanding and	interaction with social	ACTION – research		hospice
noury the patient	explanation of changes in lab results	worker when and if	possibilities		
Nurse navigator	ACTION – be there when	necessary	possibilities		
ACTION – determine	results are explained to	Lack of communication	Pts were aware of		
what is expected of a	ensure patients	between offices-low	service/supplies		
nurse navigator and	understand	blood count	available from		
communicate with	understand	ACTION – develop	Am Cancer Soc		
the nurse involved	Help living with	methods for interoffice	ACTION – research		
	uncertainty, questions	communication – if not,	what is available		
Need others to help	ACTION – determine	results could be deadly			
"hear" the	activities that we can do	for patient	and make it part		
information	to make patient more	•	of the mentoring		
ACTION – be available	acceptable to situation	If Rad/Onc was in	process		
to go to appointments	_		Haliatia thamaniaa		
with patients	Want to feel free to ask	cancer care center	Holistic therapies		
ACTION – on going	doctor questions	ACTION – Determine	for pain,etc. –		
make a list of who	ACTION – talk with	pluses and minuses	acupuncture		
needs what and	doctors, make them	of moving Rad/Onc	ACTION – research		
which council	aware		alternative		
member will be there	ACTION – go with patient		methods for		
	to speak with doctors		coping		
Folder for information	A11 6 1		Campation a		
ACTION – design folder	Allow for more choice in		Complimentary		
for patients to keep	treatment ACTION – is this realistic?		therapies –		
info in (contents, cost, and source)	When it comes down to it,		message, art,		
cost, and source)	when it comes down to it,		etc., music		

	the doctors know best	ACTION – make		
Family member wanted	and doctors know best	this part of		
more information but	Drs. Not providing same			
was told to stop	info – doctors need to be	previous item		
ACTION – better beside	educated in caring for whole	ED 11		
manner needed from	family	E.R. delays –		
doctors, need more	ACTION – ensure doctors	couldn't contact		
understanding	are united in what they tell	for hours		
between patients and	the patient	ACTION – CWI to		
-	ACTION – eliminate	be involved to		
doctors ACTION – meet with	patient confusion if it exists	streamline		
doctors, make them	No relationship with "new"	processes		
aware of this		_		
situation	doctor during crisis situation	Better		
Situation	do they know my storyACTION – does patient	communication		
I'm going to be alright	have concern about their	between doctor		
ACTION – confer with	past health history?	offices		
patients and make	ACTION – enhance	ACTION – make		
sure they are in this	communications between	one person		
frame of mind before	patient and doctor	responsible for		
starting treatment	patient and doctor	all appts and		
starting treatment	No consistency in inpatient	coordinate with		
Turnaround time varied	care			
between 1 wk to 3	ACTION – determine what	pt		
days	inconsistencies exist	C:-tt		
ACTION – minimize	People thrown in the mix	Consistent processes		
diagnosis time –	ACTION – if new people	ACTION - if pt is		
determine what	enter a patients treatment,	confused, be the		
actions can be taken	make sure patient is	go between to		
to get test results	comfortable with them	streamline		
back in a timely	connortable with them	processes		
manner	Folder for information			
	ACTION – design folder	Hematology/oncolo		
When asked to see	for patient's info	gy offices need		
surgeon knew	Tot patient 5 mio	to streamline		
something was wrong		processes -		
ACTION – arrange to be		herded initially –		
with patient when		then sit and wait		
told to see doctor		ACTION – CWI		
		may be able to		
		help us		
		determine how to		
		streamline		
			I .	

HOW TO CONTACT US

If you are interested in learn-

ing more about becoming a

member of the Patient and

Family Advisory Council, you

can contact Sandi Kenkel,

Manger of Radiation/

Oncology and PFAC coordi-

nator (by email at

sjk3344@bjc.org - or by

telephone at

314-653-4498)

What Are the Goals of the Patient and Family Advisory Coucil?

- Improve the flow of information and sharing of knowledge between patients, families and the oncology healthcare team.
- Empower patients, families and staff through continuous education.
- Identify and address patient and family needs in all aspects (body, mind, spirit) throughout the cancer journey.
- Enhance ongoing collaboration and cooperation among clinicians, patients and families for the benefit of the patient's healthcare team (e.g. primary care doctor, consults, specialists).
- Protect the patient's dignity and assure safety.
- Assure the best possible medical and emotional outcome for the patient and their family members.
- Participate in the development and planning of patient and family satisfaction initiatives, new facilities and facility renovation.

Christian Hospital Cancer Care Center

Patient and Family Advisory Council

The Voice of Patients and Families



Contact information— Phone number: 314-653-4498 Email address: sjk3344@bjc.org



WE INVITE YOU TO BE A PART OF OUR PATIENT AND FAMILY ADVISORY COUNCIL

Enhancing the patient experience is about focusing on healthcare through the eyes of others. We request your partnership and invite you to join our new Patient and Family Advisory Council (PFAC). The rewards of participating on the PFAC will be many, from meeting new friends to hearing the voice of others, and making an impact on the care of the cancer and infusion patients. It's your opportunity to make a difference and to celebrate hope and healing



Mission: The Patient and Family Advisory
Council for Christian Hospital Cancer Center
ensures that patients have a voice in their
own cancer journey. We will accomplish this
by strengthening communication to:

- Create a partnership with patients, family members and the healthcare team to provide excellence in prevention, treatment, education and research
- Promote integration of care and services
- Provide access to cancer related information, education and support to minimize apprehension and fear.

Our mission statement was created by a dedicated group of patients, family members and staff who met weekly to discuss the formation of the Patient and Family Advisory Council

What Does Being on the Advisory Council Mean?

The PFAC will be comprised of patients and family members, Christian Hospital leadership and Cancer Center staff. Together we can plan and develop truly responsive services.

We are looking for patients and family members willing to make a commitment to:

- Meet monthly with—Cancer Center leadership, physicians and staff
- Work as a team
- Share experiences
- Provide honest feedback
- Respect the perspective of others
- Meet with other patients and families
- Work on program development projects and other projects outside the monthly meeting
- Educate the leadership and staff
- Work to enhance the patient and family experience
- Transform cancer care

What will be the Time Commitment?

- Participation in monthly meetings (approx. 2 hours each month)
- Attendance at PFAC orientation programs
- An opportunity to engage in additional work outside the meetings for program development and to meet with patients and families about their experiences

Creating a Vision/Mission Statement

Definition of a vision statement:

A vision statement is a vivid idealized description that inspires, energizes and helps you create a mental picture of your group. A vision statement is really a picture of the Patient and Family Advisory Council in the future. Your vision statement is your inspiration, the framework for your strategic planning.

Most powerful vision statements generally invoke, involve, and energize people throughout the group. It gives them higher causes to rally behind, feel engaged by and see that what they are doing is worthy. It gives a sense of purpose so group sees itself as "building a cathedral" rather than "laying stones".

Definition of a mission statement:

A mission statement is a brief description of the Patient and Family Advisory Council's fundamental purpose. A mission statement answers the question, "Why do we exist?"

The difference between a mission statement and a vision statement is that a mission statement focuses on a present state while a vision statement focuses on the future.

Unlike the mission statement, a vision statement is an internal document used for motivation for the members of the Patient and Family Advisory Council.

The See, Hear, Feel tool in the Change Management section is a great tool to use for the development of your vision statement.

Describe your vision statement in present tense as if you were reporting what you actually see, hear, think, and feel after your ideal outcome was realized.

Sample Vision Statements

- 1. Five years from now, Paula's will be rated as a "five star" restaurant in the Greater Toronto area by consistently providing the combination of perfectly prepared food and outstanding service that creates an extraordinary dining experience.
- 2. Within the next five years, the Women's Center will have helped create a safe, more harmonious community by helping women acquire the education, skills, and resources necessary to build self-sufficient prosperous lives.
- 3. Within the next five years, Metromanage.com will become a leading provider of management software to North American small businesses by providing customizable, user-friendly software scaled to small business needs.
- 4. To be a revolutionary leader in raising the standard of excellence for cancer care. Together we will make the vision a PFAC reality.
- 5. Maximizing outcomes for patients and families through collaboration and teamwork.
- 6. To be the transformational force in the evolution and advancement of compassionate community-based cancer care.
- 7. To be a Center of Excellence delivering the highest standard of cancer care providing the utmost confidence in our patients, family members, the community and the healthcare team.

Sample Mission Statements

Adult Patient and Family Advisory Council
Dana-Farber/Brigham and Women's Cancer Center

The Dana-Farber/Brigham and Women's Cancer Center Adult Patient and Family Advisory Council is dedicated to assuring the delivery of the highest standard of comprehensive and compassionate health care.

Patient and Family Resource Center University of North Carolina – Comprehensive Cancer Center

Our mission is to provide information, education, and support to enable our patients and their families to participate fully in all decisions related to the diagnosis of cancer and assist them in better understanding their illness and its impact on their lives.

Kreamer Family Resource Center Children's Mercy Hospitals & Clinics – Kansas City, MO

The Kreamer Family Resource Center provides families with consumer health information in an effort to help them understand and cope with hospitalization, illness, injury, disability, and family issues, as well as to promote wellness and prevention of injury or illness in children and adolescents. The Family Resource Center also provides recreational and homework support materials for children at Children's Mercy Hospital. The Kreamer Family Resource Center is open to the community.

Moffitt Cancer Center Tampa, Flordia

The Patient & Family Advisory Program is dedicated to strengthening collaboration between patients and family members and the health care team so as to enhance the Cancer Center's ability to deliver the highest standard of safe, comprehensive and compassionate health care.

The Heart Center Massachusetts General Hospital

The Heart Center Patient and Family Advisory Council insures that voices of patients and families are represented in a multidisciplinary effort to enhance their entire care experience.

Missouri Baptist Medical Center – Cancer Center Patient and Family Advisory Council Bylaws

Name: The MBMC Cancer and Infusion Center Patient and Family Advisory Council

- I. **Mission:** The Patient and Family Advisory Council (PFAC) will be a true partner with the MBMC Cancer Center team, involved in decision-making, and committed to creating an environment of safety, dignity, respect, and honesty, to assure the very best for patients and families
- II. **Vision**: To be a revolutionary leader in raising the standard of excellence for cancer care

III. PFAC Goals

- 1. Create a patient and family centered environment which promotes the best possible medical and emotional outcomes for patients and family members.
 - To enhance communication between patients, family members and the cancer center team
 - Empower patients, family members and staff through continuous education
 - To identify and address patient and family needs in all aspects (body, mind, spirit) throughout the cancer journey.
 - Promote the best possible medical and emotional outcomes for patients and family members
 - Develop list of resources/menu for transition services/ facilitate the development of a transition process
 - a. Help Maintain connection with patients that have trasitioneed from the CC.
 - communication of this list.Smooth and unscary as possible;unknowns

IV. Structure

The PFAC membership will consist of the following:

- A. Terms -2 Year terms with Emeritus status. First group of council members will rotate off in May, September or Jan. Then any new members that come on will be asked for a 2 year commitment.
- B. Up to 15 patients and or family members
 - 1. Diverse representation age, sex, cultural background, race, diagnosis, treatment stage
 - 2. Must have been or currently treated in new Cancer Center or Sunset Hills
 - 3. Mix of active patients and those in survivorship or follow up status
 - 4. At least one patient who has or is being treated at Sunset Hills
 - 5. Will try to recruit members who have experienced care at facilities outside the BJC network
- C. Active members Any member who has attended four monthly PFAC meetings within a 6 month period

Missouri Baptist Medical Center – Cancer Center Patient and Family Advisory Council Bylaws

- 1. Minutes will be circulated to each active member. All PFAC correspondence and documents can be reviewed by members upon request.
- 2. Each active member has voting privileges
- D. Inactive members Any member who is unable to attend four meetings within 6 months. Voting privileges will be terminated, while distribution of the literature will be continued.
 - 1. Inactive status can be terminated if after one year the member chooses to no longer be affiliated with the PFAC or chooses to reinstate to active status by attending four consecutive PFAC meetings within a six month period.
- E. Hospital Liaison Liaisons are hospital employees who are assigned the responsibility of providing the link in communication between the hospital and the PFAC and offer support as needed. They will have voting privileges.
- F. Meeting facilitator Recommendation is made for initially the PFAC to have an outside facilitator. Outside is defined as someone who does not work in the MBMC Cancer Infusion Center or does not indirectly or directly report to the Director of Oncology Services.
- G. MBMC membership
 - 1. Seven MBMC members represented on the PFAC
 - One VP
 - Oncology Services Director and or Manager
 - Physician representative (s)
 - Treatment room supervisor
 - Radiation Therapist
 - Hospital liaison to PFAC Social Worker
 - Rotating staff member

V. Officers

The Council will revisit the patient/family member chairperson concept at the one year anniversary in May of 09.

- A. Chairperson
 - 1. Preside over meetings.
 - 2. Official spokesperson for PFAC
 - 3. Welcome new members
- B. Co Chair

VI. Procedures

- A. Quorum
- B. Voting
- C. Meetings- the PFAC will meet monthly.
- D. Agenda

Missouri Baptist Medical Center – Cancer Center Patient and Family Advisory Council Bylaws

E. Bylaws

- 1. Amendments to the bylaws will be presented at one meeting and voted on at the following regular meeting.
- 2. The bylaws may be amended by majority vote (51%), provided 50% of the active members are in attendance.
- 3. All bylaw amendments are subject to MBMC Administrative approval.
- F. Complaints/Grievances with the PFAC Any member who has a complaint regarding PFAC issues should follow these procedures:
 - 1. Contact any officer or staff liaison to inform them of the nature of the problems and attempt to resolve the issue
 - 2. Unresolved issues will be presented for discussion and resolution at the next monthly PFAC meeting.

VII. Planning, Reporting, Evaluation

- A. Annual plan The PFAC will develop an annual plan to include goals and objectives. This will be written by the chairperson and liaison with input from the PFAC members.
- B. PFAC report to Cancer Center leadership or Cancer Center Committee A member of the PFAC will report to the MBMC Leadership Team on a semi-annual basis.
- C. Annual report on effectiveness of PFAC activities will also be prepared and distributed by the chairperson and staff liaison with the assistance of the PFAC members and MBMC Leadership Team
- D. Minute distribution minutes will be kept of all PFAC and committee meetings and will be distributed to appropriate parties for review and consideration.
- VIII. **Guidelines for Authority:** The PFAC has the authority given it by the Administration of MBMC. Events organized by the PFAC and the statements issued by the PFAC on behalf of MBMC Cancer Infusion Center are done so with prior approval of the MBMC Administration

IX. Confidentiality

- A. To maintain appropriate and confidential handling of the personal information, no MBMC patient and or family member will be discussed by name in PFAC meetings.
- B. All PFAC members will sign a confidentially statement that pertains to any MBMC data or patient and family member information.

Name Street City, State Zip

Dear Name,

Thank you for volunteering to be a member of the Barnes-Jewish St. Peters Hospital Patient and Family Advisory Council (PFAC) Planning Committee. Through your hard work and dedication, you will play an important role in establishing a committee designed to ensure the voice of the patient and family is the foundation of how we deliver care.

As I mentioned to you on the phone, the PFAC Planning Committee will meet for eight (8) weeks beginning Thursday, June 25 from 5:30 – 7:30 p.m. All meetings will be held in the HealthWise Center located in Professional Office Building #1, 6 Jungermann Circle, Suite 117 located on the hospital campus. HealthWise is your first door on the right after entering the building. Dinner will be provided at every meeting.

I look forward to working with you and the other committee members as we build
on our individual strengths to ultimately achieve this success. With your help, we
as caregivers, will have a better understanding of the reality of the patients
experience and will continue to build on a culture where every decision is made
in the best interest of our patient & family. If you have any questions, please
contact me at

Sincerely,

PFAC Coordinator

Patient and Family Advisory Council Membership Application Christian Hospital Cancer Care Center

Today's Date:	
Your Name:(Please print)	Home Address:
Daytime Phone: ()	Best Day\ Time To Call:
Email Address:	
I am a:Patient	Family Member
If you are a patient, what is your diagno	sis?
If you are a family member, what is you	ar loved one's diagnosis?
Tell Us More About Yourself and You (Feel free to use a separate piece of paper)	-
Tell us about your hospital experience (experience? What impressed you about	s). What would you have improved about the your experience?
Why do you want to be involved in the	Patient and Family Advisory Council?
If you have participated in any organiza (These examples may be from work, co	tions or committees, please share some examples: mmunity, church)

Patient and Family Advisory Council Membership Application Christian Hospital Cancer Care Center

Is there anything else you would like us to know?
Thank you for taking the time to complete this application! Please return this completed form to:
Sandi Kenkel, Manager of Radiation Oncology Phone 314-653-4498 Email: sjk3344@bjc.org
Before participating in the PFAC you will be asked to sign a confidentiality statement and go thru both volunteer and PFAC orientation.
Date Signature

POSSIBLE INTERVIEW QUESTIONS FOR CANDIDATES ON THE PFAC PLANNING COMMITTEE

- 1. Tell me a little bit about the services you have used at the hospital.
- 2. Tell me about a positive experience you have had at the hospital.
- 3. What are some suggestions you have for improvements?
- 4. How would you describe someone who uses good listening skills?
- 5. Why do you think it would be important for a hospital to have a Patient and Family Advisory Council?
- 6. How have you handled a situation in the past when someone's background or values were different than yours?
- 7. Why would you like to be involved in planning a Patient and Family Advisory Council for the Cancer Center?
- 8. What does "good customer service" mean to you and your family when you use the hospital?

PFAC Orientation Agenda

- 1. Welcome and Introductions
- 2. Housekeeping

Bathrooms

Meeting place and time

Parking

Meals

Who to call-contact sheet (employees/others)

Review information in binder

- 3. Review of Organizational Chart/Roles
- 4. Discussion of Patient and Family-Centered Care
- 5. What is a PFAC (what it isn't)?

Explanation of council

Building a Partnership

Make up of council

Structure

Member responsibilities

- 6. Examples of current PFAC's
- 7. System Approach to PFAC (MoBap, Christian, St. Peter's, Children's)
- 8. How did we get here?

Development of Planning Committee

Review of Mission, Vision and Goals

Meeting attendance

How to prepare for a meeting – what to wear, what to do ahead of time and what to bring

9. Communicating effectively – techniques for getting your message across

Telling your story so people listen

How to ask tough questions

What to do when you don't agree

Listening to and learning from other's viewpoint

Thinking beyond you own experience

- 10. View 13-minute Patient and Family-Centered Care video
- 11. Tour of inpatient unit, Infusion Center and Radiation/Oncology Center (CH only)
- 12. Open discussion about what a PFAC could be for this hospital

Things included in binder for each PFAC member-

- Hospital specific Cancer Center Info
- PFAC Presentation
- Website of interest
- Bylaws
- Articles (Wall Street Journal, Trustee, "Making Patient-Centered Care Come Alive")
- Notes
- Contact sheet

INITIATING THE PATIENT AND FAMILY ADVISORY COUNCIL

Prepare for First Advisory Council Meeting

It is important to take the time to prepare for the first meeting with your Patient and Family Advisory Council. This will be their first impression of the PFAC process and your openness to partnering with patients and families. Allow time at the first meeting for members to start building relationships. This can be through a structured activity or just providing for time to socialize.

Discussing the purpose of the Advisory Council and their roles as members is also important. One way to demonstrate commitment from your organization is to have the senior leadership address the council members and explain the benefits they see from the council.

Reviewing the mission, vision and goals developed by the planning committee can provide the council members with a sense of direction. Sharing the background work to start the council can help members understand the role of the council (a sample agenda is located in the attached sections).

It will also be important to coordinate the logistics for the meeting so that it runs smoothly. Securing a room that will meet the needs of the group is a priority, including room for flip charts with a screen and projector. Most meetings are held in the early evening with dinner provided. Someone will need to make arrangements for food or refreshments. A rule of thumb for coordination of meetings indicates that the time you need for planning should be double the time of the meeting.

LESSONS LEARNED: INITIATE PHASE

- The PFAC members must be seen as full partners in the decision-making process.
- Senior leadership must be involved and visible to PFAC members.
- Department or service line staff members must create an awareness of the need for PFAC input (e.g. selected staff interviews, process design, rapid improvement event, facility renovations, general decision-making).
- Set-up council for quick wins; initial projects should be readily achievable.
- Bring ideas to the council that are in rough form and not "fully baked".

Initate Phase Checklist

Activity	Owner	Target Date	Completion Date
Prepare agenda for first meeting.		<u> </u>	
Create binder for PFAC members to			
include hospital specific information - PFAC presentation, websites, bylaws,			
articles, contact numbers, and notes.			
Create time for socialization during first meeting, plan for icebreaker activity.			
Determine food to be provide and order food.			
Schedule meeting room.			
Set reminder letter to PFAC members			
indicating room location, time and date of meeting.			
Prepare patient and family-centered			
information to review at meeting (articles, video).			
Share mission, vision and goals for PFAC.			
Allow time for members to share			
stories and burning issues.			
Review the work completed by the planning committee.			
Discuss plans for future meetings to encourage participant engagement.			
Facilitate group through patient			
journey - identify positive/negative experiences.			
Select patient/family member as chair			
or co-chair.			
Invite representatives from another			
PFAC to share experience and lessons learned.			
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Helping behaviors

Clarifying
Linking & harmonizing
I nitiating
Keeping people's "gates" open
Summarizing

Patient and Family Advisory Council Christian Hospital Cancer Care Center Team Meeting

Date: September 17, 2008 Time: 5:00 - 7:30 pm Location: Conference room A

Hindering behaviors

Blocking Rambling

Attacking

Taking over the discussion

Silence – not participating

Purpose: To meet each other and learn about our roles as Advisory Council Members and

participate in volunteer orientation.

Desired Outcomes: By the end of this meeting, we will have:

- Introduced and meet the CH leadership and members of the Advisory Council
- Learned about responsibilities as a hospital volunteer
- Provided framework for the Patient and Family Advisory Council

Topic / Content	Who	Time
Welcome and Introductions	Laurie Brown Ron McMullen Dr. Hannah Ha Gay Cunningham Risë Schreiber	30 mins. 5:00 – 5:30 pm
Social Time – Let's get to know each other Photo	All participants	30 mins 5:30 - 6:00 pm
Housekeeping Items – Bathrooms Parking Meals Meeting place and time Review of binder Family-Centered Care Conference	Sandi Kenkel	15 mins 6:00 – 6:15 pm
Dinner CH Overview	All participants Sandi Kenkel	20 mins 6:15 - 6:35
Volunteer Orientation	Sandi Kenkel Laurie Brown	30 mins 6:35 – 7:05 pm
Overview of Advisory Councils Video Questions/Discussion	Laurie Brown	20 mins 7:05 – 7:25 pm
Meeting close: Next Steps Agenda for next meeting Explanation of + / EBI Thanks!		5 min 7:25 – 7:30 pm

Helping behaviors

Clarifying
Linking & harmonizing
I nitiating
Keeping people's "gates" open
Summarizing

Patient and Family Advisory Council Christian Hospital Cancer Care Center Team Meeting

Date: October 22. 2008 Time: 5:00 - 7:00 pm Location: Conference room A

Hindering behaviors

Blocking Rambling

Attacking

 ${f T}$ aking over the discussion

Silence – not participating

Purpose: To learn about role as Advisory Council members

Desired Outcomes: By the end of this meeting, we will have:

- Listened to a report from Family-Centered Care Conference
- Provide framework for Patient and Family Advisory Council
- Brainstorm improvement activities

Topic / Content	Who	Time
Dinner and Welcome Introductions (Ginny to give Skunk info Now) Celebrations (Article in BJC Today - Vernetta)	Laurie Brown Sandi Kenkel Risë Schreiber	15 mins 5:00 – 5:15 pm
Report from Family Centered Care Conference	Carolyn Stokes Kim Predmore	15 mins 5:15 - 5:30 pm
Hand out books		
Development of Operating Agreement SDK, acronyms, Misery is optional Review of Agenda	Sandi Kenkel	5 mins. 5:30 – 5:35 pm
Overview of Patient and Family Advisory Councils American Hospital Association Video Patient and Family-Centered Care — Partnership for Quality and Safety	Laurie Brown	30 mins 5:35 – 6:05 pm
Review of Bylaws – Action item	Sandi Kenkel	25 mins 6:05 - 6:30 pm
Burning Issues Navigator Folder Mentor Transition from Cancer Center Other Opportunities (CWI)	Laurie Brown	20 mins 6:30 – 6:55 pm

SUSTAINING THE PATIENT AND FAMILY ADVISORY COUNCIL

Sustaining the Council

Tips for sustaining a healthy PFAC:

- Set priorities and focus efforts on meaningful collaborative projects.
- Devote time to planning and evaluation of council efforts.
- Maintain continued engagement and support of hospital leadership.
- Create a balance between new members and committed members with longevity of service.
- Ask for the opinions of patients and families during discussions, encouraging their participation and validating their role as committee members.
- Ensure that the council is representative of the patients served.
- Invest in building the talents of the members.
- Set and achieve measurable goals.
- Track accomplishments and provide positive feedback.
- Assign council members to other hospital committees.
- Consider having a "patient and family leave policy" when illness demands might interfere
 with council meetings.
- Create a variety of way for patients and families to participate in the consideration of issues (e.g. conference calls, written review of materials).
- Develop a support network through participation in the BJC PFAC Consortium.
- Empower open communication; avoid the temptation to defend current processes.

Current List of PFAC Accomplishments:

- Providing patient and family perspective to the Clinical Workflow Initiative for the Community Hospitals.
- Creating a resource folder for the cancer patients.
- Council members work as volunteers at the Cancer Center to orient patients and families.
- Development of PFAC website.
- Family involvement with teaching and mentoring.
- Assistance with signage and wayfinding.
- Providing feedback to marketing on brochures and mailings.

TESTIMONIALS

"We are committed, passionate and "trained" advocates for patients, families, staff and community – based healthcare."

PFAC Patient

"Any discussion on improving patient care must have patient and family involvement. If it doesn't, you are missing a voice."

PFAC Patient

"We have jelled as a group and we look forward to these meetings. We know the hospital is backing our efforts and that means everything to us."

PFAC Family Member

"If just one person's cancer journey is benefited, it will be a priceless contribution. I hope the Patient and Family Advisory Council simply diminish some of the fear and lack of control that is so intense when a cancer diagnosis stun's one's world."

RN, Oncology

"This council is very important to this hospitals' future by involving patients, family members and the healthcare team before, during and after treatment. I am proud and honored to have been a part of creating the Patient and Family Advisory Council."

Care Tech, Outpatient Oncology

"I think PFAC is the most interesting and thought provoking committee I attend-I leave each meeting stimulated to how I can do things better as a physician and how we can do things better as a cancer center."

Physician on PFAC

Agenda Request Patient and Family Advisory Council

Agenda Subject:			
Presenter:			
Time Requested:	Meeting Date Requested:		
Short Summary of the Subject:			
Issues Related to the Subject:			
Support and or Action Requested By the Council:			
Council Member Request			
Date Submitted			
Approved OR Not At This Time (Circ	cle One)		
If Approved, PFAC meeting date for preso	entation		

SURVEY FOR PFAC PRESENTERS

Thank your for your presentation to and request for input from our Patient and Family Advisory Council (PFAC). We would greatly appreciate your feedback on this process, and how well it has worked for you.

	Agree	e Neut		Disagree		
lighly Agree	Agree	e Neut	ral	Disagree	Highly	
Agree						
1	2	3				
				4	5	N/A
	2	3	4	5	N/A	
1	2	3	4	5	N/A	
1	2	3	4	5	N/A	
1	2	3	4	5	N/A	
1	2	3	4	5	N/A	
1	2	3	4	5	N/A	
	1 1 1	1 2 1 2	1 2 3 1 2 3 1 2 3 1 2 3	1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4	1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5	1 2 3 4 5 N/A

Be a part of the Patient and Family Advisory Consortium

The Patient and Family Advisory Consortium is composed of representatives from the Patient and Family Advisory Councils at the BJC Community Hospitals.

This group meets quarterly to share ideas and discuss ways to work together. This is a great way to network with others with a goal to work together to be partners in healthcare with patient and families.

CONTACT INFORMATION FOR BJC HEALTH SYSTEM PATIENT AND FAMILY ADVISORY COUNCILS

Barnes Jewish St. Peters Hospital

Siteman Cancer Center

Sharon Lee

Manager, Cancer and Women's Center

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Sharon Stott

SeniorCoordinator,

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<u>Christian Hospital – Cancer Center</u>

Risë Schreiber

Director of Patient Care Services

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Sandi Kenkel

Manager, Radiation/Oncology

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St. Louis Children's Hospital

Karen Crow

Coordinator, Family Care Initiatives

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Ann McCarthy

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Missouri Baptist Medical Center

Cancer Center Ros Hofstein

Coordinator, Supportive Care Email: rxh9049@bjc.org

Phone: 314-996-5669

Inpatient Services:

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The Siteman Cancer Center Barnes-Jewish Hospital

JoAnn O'Neill

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Tara Hendrix

Operations Specialist Email: <u>txh0086@bjc.org</u> Phone: 314-454-8633

WEBSITES

http://www.familycenteredcare.org/ - Institute for Family Center Care

http://www.ihi.org/ihi - Institute for Healthcare Improvement

http://www.dana-farber.org/pat/pfac/adult-advisory/default.html - Dana Farber Cancer Institute Patient and Family Advisory Council

http://www.planetree.org - Planetree Hospital

http://www.pickereurope.org – The Picker Institute

http://www.iom.edu – Institute of Medicine

<u>http://www.joiseking.org</u> – Josie King Foundation

http://www.voice4patients.com - Voice for Patients

http://www.aha.org - The American Hospital Association

http://www.ahrq.gov – U.S. Department of Health and Human Services – Agency for Healthcare Quality and Research

http://www.commonwealthfund.org/topics/topics_list.htm?attrib_id=15313 - The Commonwealth Fund

http://cincinnatichildrens.org – Cincinnati Children's Hospital

http://patientsafety.org - Consumer's Advancing Patient Safety

http://www.aha.org/aha/issues/Quality-and-Patient-Safety/strategies-patientcentered.html 13-minute video on patient and family-centered care – American Hospital Association

http://mailman.listserve.com/listmanager/listinfo/pfacnetwork - PFAC listserve

INFORMATION CONTAINED IN BINDER

Tool/Samples	Section
Agenda Request	Sustain
Bibliography	Resouces
Brochures	Planning
Budget	Introduction
Bylaws	Planning
Change Management Tools	Pre-planning
Charter	Pre-planning
Contact List	Resources
Ice Breaker Exercise	Initiate
Letter to Planning Committee Members	Planning
Mission Statements	Planning
Organizational Structure	Pre-planning
Patient and Family-Centered Video (AHA)	Resource
Patient Journey	Planning
Planning Committee Agenda	Planning
Planning Committee Presentation	Planning
Planning Committee Timeline	Planning
PFAC Agenda (first meeting)	Planning
PFAC Application	Planning
PFAC Consortium Flyer	Sustain
PFAC Identifier	Pre-planning
PFAC Interview Questions	Planning
PFAC Listserve	Resource
PFAC Orientation Agenda	Planning
PFAC Presenter Survey	Sustain
Readiness Assessment	Pre-planning
Steering Committee Presentation	Pre-planning
Testimonials	Sustain
Timeline Overview	Introduction
Vision Statement	Planning
Websites	Resources